ACADEMIC PREPARATION PLAN (APP)

Like Advising, Time Management is an educational process. It is a learned behavior. Many students enter higher education without the organizational skills, structure, and discipline to prepare for classes, manage their time effectively and organize their lives. Students need help learning how to be disciplined, serious students, and scholars. Therefore, the objective of the Academic Preparation Plan is to help students manage their time in order to restore their GPA, address issues that impede their academic progress, and to help students achieve academic success and excellence by ensuring that they study **a minimum of two hours per credit hour for every class PER WEEK**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00-9:00 Shower/Brkfst	8:00-9:00 Shower/Brkfst	8:00-9:00 Shower/Brkfst	8:00- 9:00 Shower/Brkfst	8:00-9:00 Shower/Brkfst	FREE	FREE
					FREE	FREE
9:30-10:20 Class: ENGL 101	9:00 – 10:00 **Lib: Educ**	**9:30-10:20 Class: ENGL 101**	9:00 – 10:00 **Lib: Educ**	**9:30-10:20 Class: ENGL 101**	FREE	FREE
10:30-11:30 **Lib: Engl 1hr**	10:00 – 11:00 **Lib: Educ**	10:30-11:00 **Lib: LAS**	10:00 – 11:00 **Lib: Educ**	10:30-11:30 **Lib: LAS**	FREE	FREE
11:30 – 12:30 **Lib: LAS**	11:00 – 12:00 **Lib: Math**	11:00 – 12:00 **Lib: LAS**	11:15 – 12:15 **Lib: Math**	11:30 – 12:30 **Lib: Math**	11:00 – 12:00 Brunch	11:00 -12:00 Brunch
12:30– 1:30 LUNCH	12:00 – 1:00 LUNCH	12:00 – 1:30 LUNCH	12:15– 1:00 LUNCH	12:30 – 1:30 LUNCH	12:00 – 1:00 FREE	12:00 – 1:00 FREE
1:30 -2:20 Class: LAS	**1:00 - 2:15 Class: Educ 200**	**1:30 -2:20 Class: LAS**	**1:00 - 2:15 Class: Educ 200**	**1:30 -2:20 Class: LAS**	1:00 -2:00 FREE	1:00 – 2:00 FREE
2:30 – 3:20 Class: Math	2:15 – 3:30 FREE	**2:30 -3:30 Class: Math**	**2:30 – 3:30 Lib:Educ**	**2:30 – 3:30 Class: Math**	2:00 – 3:00 FREE	2:00- 3:00 FREE
3:30 – 4:00 Work	3:30 – 4:00 Work	3:30 - 4:30 **Lib: LAS**	3:30 – 4:30 **Lib:Educ**	3:30 – 4:30 **Lib: Math**	3:00 –4:00 FREE	3:00 – 4:00 FREE
		4:30 – 5:00 **Lib: Engl**	4:30 - 5:30 **Lib: Engl**	4:30 - 5:00 **Lib: Math**	4:00 - 5:00 FREE	4:00-5:00 FREE
4:00 – 5:00 Work	4:00 – 5:00 Work		5:30 – 6:00 **Lib: Engl**			
5:00 – 6:00 Work	5:00 – 6:00 Work	5:00 – 6:00 Dinner	6:00 – 7:00 Dinner	5:00 – 6:00 Dinner	5:00 – 6:00 Dinner	5:00 – 6:00 Dinner
6:00 – 7:00 Work	6:00 – 7:00 Work	6:00 – 7:00 **SH** **Lib: Educ**	6:00 – 7:00 **SH** **LAS**	6:00 – 7:00 FREE	6:00 – 7:00 FREE	6:00 – 7:00 **Lib: Math**
7:00 – 8:00 Work	7:00 – 8:00 Work	7:00 – 8:00 **Lib: Educ**	7:00 – 8:00 **LAS**	7:00 – 8:00 FREE	7:00 – 8:00 FREE	7:00 – 8:00 **Lib: LAS**
8:00 – 9:00 Work	8:00 – 9:00 Work	8:00 – 9:00 **Math**	8:00 – 9:00 **Engl**	8:00 – 9:00 FREE	8:00 – 9:00 FREE	8:00 – 9:00 **Lib: Engl**
9:00 -10:00 Home	9:00 – 10:00 Home	9:00 -10:00 **Math**	9:00 – 10:00 **Engl**	9:00 -10:00 FREE	9:00 -10:00 FREE	9:00 -10:00 **Lib: Engl**
10:00 – 11:00 FREE	10:00 – 11:00 FREE	10:00 – 11:00 FREE	10:00 – 11:00 FREE	10:00 – 11:00 FREE	10:00 – 11:00 FREE	10:00 – 11:00 FREE
11:00 Bedtime	11:00 Bedtime	11:00 Bedtime	11:00 Bedtime	FREE	FREE	11:00 Bedtime

Hi Student,

You are enrolled in 12 credit hours. Therefore you need to allow a minimum of 24 hours outside of the classroom to review previous materials, rewrite notes, write draft, and read to prepare for class. CONGRATULATIONS!! You have 27 ½ hours of APP time. They are allocated as follows: English 7 hours; LAS 7 ½ hours; Education 8 hours; and Math 7 ½ hours. Also, you have included 11 hours of work time and 31 hours of free time.

COLOR CODE: ENGLISH   LAS   MATH   EDUCATION

GLOSSARY:
Class - In Class
Lib   - Library

Prepared by Robbi Byrdsong-Wright   Revised by RCAS 4.12.14