Curriculum Vitae

**JUDITH A. BETO, PhD, RDN, FAND**

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**Education**

PhD, Education-MESA (Measurement, Evaluation, Statistical Analysis), University of Chicago, Chicago, IL, 1990

MHPE, (Master of Health Professions Education), University of Illinois at the Medical Center, Chicago, IL, 1978

Dietetic Internship, Veterans Administration Hospital, Hines, IL, 1974

BA, Foods and Nutrition, Rosary College, Dominican University, River Forest, IL, 1973

**Present Professional Endeavors:**

Consultant, Nephrology/Hypertension, Loyola University Healthcare, Maywood IL, 2019-present

Healthcare consultant, speaker, and writer (free-lance), 2005-present

Member, Bioethics Committee, Evergreen Healthcare, Kirkland WA, 2017-present

Qualitative Research Editor, Journal of the Academy of Nutrition and Dietetics, 2016-present

President-Elect, IAAND (International Affiliate of the Academy of Nutrition and Dietetics), 2023-2024

**Present Advisory Endeavors:**

Board of Directors, Secretary, Alice Wimpfheimer International Nutrition (AWIN), 2022-present

National Institute of Food and Agriculture (NIFA), Grant Proposal Reviewer, Institutional Research Grant Program Reviewer, 2020-present

Peer Reviewer, Journal of the American Medical Association, American Journal of Kidney Disease, Journal of the Academy of Nutrition and Dietetics, et al., 1999-present

**Past Professional Endeavors:**

Academic Faculty, Dominican University, River Forest, IL; Professor Emeritus, Chair Christopher Center for Nutrition Sciences, 1990-2012; Director, Didactic Program in Dietetics, 1992-2012; Project Director, PUENTES: Pathway to Undergraduate Education for Nutrition Training, Experience, and Success: Creating the Missing Bridges to the Registered Dietitian Credential for Hispanics, United States Department of Agriculture Hispanic-Serving Institution Grant, 2011-2014

Boston Alliance for Diversity in Dietetics Leadership Team, Academy of Nutrition and Dietetics Diversity Grant Initiative, 2020-2022

Research Associate, Nephrology/Hypertension, Loyola University Healthcare, Maywood IL, 1990-2019

National Board of Podiatric Medical Examiners, Public Member, Bellefonte PA, 2010-2019

New In Review Editor, Journal of the Academy of Nutrition and Dietetics, Chicago IL, 2003-May 2014; Associate Editor, Qualitative Research, 2003-2015

**Professional Qualifications/Licensures:**

Fellow, (FAND), Academy of Nutrition and Dietetics, Chicago IL, 1995-present

Investigator Certification, U. S. Dept. of Health and Human Services, Office for Human Research Protection, Bethesda MD, 2000-present

Licensed Dietitian (LD), State of Illinois, Springfield IL, 1995-present

Registered Dietitian Nutritionist (RDN) Commission on Dietetic Registration, Chicago, IL, 1974-present

Certification, Food Service Sanitation, 1993-present

**Selected Prior Professional Endeavors:**

Academy of Nutrition and Dietetics (formerly American Dietetic Association), Chicago IL

Committee Member, Nutrition Care Process Standardized Language 2006-2008

Renal Dietitian, Dietetic Practice Group, Charter member, 1979- present; Chairperson, 1981;

Chairman, Professional Salary Survey, 1982-85

Co-author w/C Boushey, Lifelong Learning, Research Module Certificate Part 4, 2019

Agency for Healthcare Research and Quality, Office of Research Review, Education, and Policy,

Department of Health and Human Services, Rockville MD

Special Emphasis Advisory Panel, 2001 /Panel: Building Infrastructure/Capacity (BRIC) and Minority Research Infrastructure Support Program (M-RISP), 2001-2002

American Kidney Fund, Rockville MD

Board of Trustees 2004-2010; Secretary 2004-2006

Commission on Dietetic Registration (CDR), Chicago IL

Renal Specialist Certification Examination Panel, 1993-1998

Cook County Public Health Department and Loyola University Medical Center, Primary Care Referral Clinic, Maywood IL, Volunteer Nutrition Counselor, 1990-2004

Cooking and Hospitality Institute of Chicago, Chicago IL (now Le Cordon Bleu)

Advisory Council, Curriculum Committee Member, 2000-2004

Council on Renal Nutrition, National Kidney Foundation, New York NY

Research Grant Committee, 1985-2009; Executive Committee Member, 1990-1996; Secretary-Treasurer, 1978-1981; National Program Chair 1977

Downers Grove Family Practice, Downers Grove, IL

Nutrition Consultant, 1985-1988

Elmhurst College, Elmhurst, IL Adjunct Faculty, Deicke Center for Nursing Education, 1984-1994

Illinois Council on Renal Nutrition, National Kidney Foundation of Illinois, Chicago IL

President, 1977

Mosby Year Book, Inc., St Louis MO

Associate Editor, Perspectives in Applied Nutrition, 1993-1996

National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD , Member, Data and Safety Monitoring Board, NEON Study, 2000-2004

National Kidney Foundation, New York NY

Work Group Member, Kidney Disease Outcome Quality Initiative (KDOQI), Clinical Practice Guidelines on Dyslipidemias in Atherosclerotic Cardiovascular Disease, 2000-2001; Work Group Member, KDOQI Clinical Strategies to Prevent Cardiovascular Mortality and Morbidity in CRD

**Selected Prior Professional Endeavors (continued):**

National Kidney Foundation (continued): 1997-1998; Controversies in Dialysis Steering Committee, 1996; Scientific Advisory Board Member, 1990-1995; Early Intervention & Prevention Task Force, 1992-1995

Ray Graham Association Foundation for People with Disabilities, Downers Grove IL

Trustee 2002-2007, Secretary 2004-2005, Chairperson 2005-2006

R & D Laboratories, Marina del Rey, CA, Scientific Advisory Board 1999-2001

Research Chef Association, Atlanta GA

Certification Commission 2005-2008; Higher Education Certification Committee 2007-2009

Rush Medical College, Chicago IL, Clinical Faculty, Dietetic Internship, 2000-2004

United States Department of Agriculture (USDA), Specialty Review Board, September 2019.

United States End-Stage Renal Disease (ESRD) Network System

Board of Directors, Data Committee Chair, Renal Network of Illinois, Inc., 1991-1994

Chairman, Credentials Committee/Board of Directors Member, Network #15, 1979-1982

Veterans Administration Medical Center, Hines, IL

Assistant/Acting Education Director, Dietetic Internship, 1977-1982

Renal Specialist Dietitian, 1974-1977

W. B. Saunders, Philadelphia PA, Editor, Journal of Renal Nutrition, 1990-1995

West Suburban Dietetic Association, Schaumberg IL

President, 1979; Program Chairman 1978; Newsletter Co-editor, 1983-85

**Publications:**

**Beto J**, Holli B. Low-phenylalanine cookie recipe. J Am Dietet A 64:288, 1974

**Beto J**, Myscofski J. Gourmet cooking workshops for dialysis patients. J Am Dietet A

70:626, 1977

**Beto J**. Toward a Definition of Competence in the Specialty of Chronic Renal Disease Dietetics. Unpublished master thesis, University of Illinois at the Medical Center, Chicago, 1978

**Beto J**. Report of Professional Salary Survey. Newsletter of the Renal Dietitians Practice Group

of the American Dietetic Association, Winter 1985

**Beto J**. Comparison of Data Collected: Professional Salary Surveys - Fall, 1981, and Fall, 1984. Newsletter of the Renal Dietitians Practice Group of the American Dietetic

Association, Summer 1985

**Beto J**. ADA delivers testimony on dietetics in kidney disease to national advisory board.

J Am Dietet A 88:1042, 1988

**Beto J**. Professionalism: The Mindset, The Practice. CRN Quarterly 12(3):12, 1988.

Bansal VK, **Beto JA**. Potassium Panic: How to Prove It's Not Always the Dietitian's Fault.

CRN Quarterly 13 (4): 17, 1989

**Beto JA**. Self-Regard in Hypertension: A Study of Selected Quality of Life and General Attitude Variables of Hypertensive Patients. Unpublished Doctoral Dissertation, University of Chicago, 1990

Hensley M K, **Beto JA**. Renal Dietetics in Japan: A Perspective. J Ren Nutr 1:84-87,1991.

**Beto JA**, Bansal VK. Hyperkalemia: Evaluating Dietary and Nondietary Etiology. J Ren Nutr 2:28-29, 1992

**Beto JA**, Bansal VK. Quality of Life in Treatment of Hypertension: A Meta-Analysis of

Clinical Trials. Am J Hypertens 5:125-133, 1992

**Publications (continued):**

**Beto JA**, Bansal VK, Marshall PA, Geraci MC. Pharmacy Computer Prescription Databases:

Methodological Issues of Access and Confidentiality. Ann Pharmacother 26:686-91, 1992

Price R, Chandrasekhar A, **Beto J**, Bansal V. Hospital Computer Local Area Network (LAN) Based

Information System for Tracking of Nutritional Data in Dialysis Patients. J Ren Nutr 2(Suppl 1):27-32, 1992

**Beto JA**. Opinion: How Important is the Problem of Malnutrition in Chronic Dialysis Patients?"

Sem Dialysis 5: 7-9, 1992

**Beto JA.** Highlights of the Consensus Conference on Prevention of Progression in Chronic

Renal Disease: Implications for Dietetic Practice. J Ren Nutr 4:122-126, 1994

Bansal VK, **Beto JA.** Antihypertensive Therapy: Quality of Life Assessment. Cardiovascular

Reviews & Reports 15(12):21-33, 1994

Costanzo MR, **Beto JA**, Potempa LD, Bansal VK, Heroux AL, Kao WG, Pifarre R, Johnson

MR. Longitudinal Effects of Cyclosporine Administration at 0 to 60 Months After Heart

Transplantation. Trans Proc 26:2704-2709, 1994

**Beto JA**. Which Diet for Which Renal Failure: Making Sense of the Options. J Am Dietet A

95:898-903, 1995

Kopple JD, Foulks CJ, Piraino B, **Beto JA**, Goldstein J. Proposed Health Care Financing Administration Guidelines for Reimbursement of Enteral and Parenteral Nutrition. Am J Kidney Dis 26:995-997, 1995

Kopple JD, Foulks CJ, Piraino B, **Beto JA**, Goldstein J. National Kidney Foundation Position

Paper on Proposed Health Care Financing Administration Guidelines for Reimbursement

of Enteral and Parenteral Nutrition. J Ren Nutr 6:45-47, 1996

**Beto JA,** Listecki RE, Meyer DA, Budhy RJ, Bansal VK. Use of Pharmacy Computer Prescription Database to Access Hypertensive Patients for Mailed Survey Research. Ann Pharmacother 30:351-355, 1996

**Beto JA,** Sheth GA, Rewers PA. Food Purchase Behavior Among African-American and Hispanic Clients in a Public Health Department Clinic. J Am Dietet A 97:69-70, 1997

Bansal VK, **Beto JA.** Treatment in Lupus Nephritis: A Meta-Analysis of Clinical Trials.

Am J Kidney Dis 29:193-199, 1997

**Beto JA,** Bansal VK, Ing TD, Daugirdas JT, for the Council on Renal Nutrition National

Research Question Collaborative Study Group. Variation in Blood Sample Collection

for Determination of Hemodialysis Adequacy. Am J Kidney Dis, 30:131-137, 1998

**Beto JA,** Bansal VK, Gohlke NP, Hano, JP. Using the Hemodialysis Prognostic Index and Urea

Reduction Ratio to Predict Morbidity and Mortality: A Pilot Study of the 1995 Council on

Renal Nutrition National Research Question. J Renal Nutr, 8:21-24, 1998

Levey AS, **Beto JA**, Coronado BE, Eknoyan G, Foley RS, Kasiske BL, Klag MJ, Mailloux LU,

Manske CL, Meyer KB, Parfrey PS, Pfeffer MA, Wenger NK, Wilson PW, Wright JT.

Controlling the Epidemic of Cardiovascular Disease in Chronic Renal Disease. Report

from the National Kidney Foundation Task Force on Cardiovascular Disease. Am J

Kidney Dis 32:853-906, 1998

**Beto JA,** Bansal VK. Interventions for Other Risk Factors: Tobacco Use, Physical Inactivity,

Menopause, and Homocysteine. Am J Kidney Dis 32:S172-184, 1998

**Beto JA**. Focus on Collaborative Research. Renal Nutrition Forum, 17:1-4, 1998

**Publications (continued):**

**Beto JA**, Bansal VK, Hart J, McCarthy M, Roberts D for the Council on Renal Nutrition

National Research Question Collaborative Study Group. Hemodialysis Prognostic

Nutrition Index as a Predictor for Morbidity and Mortality in Hemodialysis Patients and

Its Correlation to Adequacy of Dialysis. J Renal Nutr 9:1-8, 1999

**Beto JA,** Bansal VK, Kahn S. The Effect of Blood Draw Methodology on Selected Nutritional Parameters in Renal Failure. Adv Renal Replac Ther 6:85-92, 1999

**Beto JA**. Reading and Using Research: Making the Most of Your Time and Effort. Top Clin

Nutr 17(1):1-11, 2001

Kasiske B, Cosio F. **Beto JA**, Chavers B, Grimm R, Levin A, Masri B, Parekh R, Wanner C, Wheeler D,

Wilson P. Kidney Disease Outcome Quality Initiative (K/DOQI) Clinical Practice Guidelines for

Managing Dyslipidemias in Chronic Kidney Disease. Am J Kidney Dis 41:S1-S92, 2003

**Beto JA,** Bansal VK. Medical Nutrition Therapy in Chronic Kidney Failure: Integrating Clinical Practice

Guidelines. J Amer Diet Assoc 104:404-409, 2004

**Beto JA,** Bansal VK. Nutrition Interventions to Address Cardiovascular Outcomes in Chronic Kidney

Disease. Adv Chronic Kid Dis 11:391-397, 2004

Schatz S, Pagenkemper J, **Beto J**. Body Weight Estimation in Chronic Kidney Disease: Results of a

Practitioner Survey. J Renal Nutr 16:283-286, 2006

**Beto JA.** Bringing the Grocery Shopping Experience to Dialysis. Professional Advocate 6:4, 2006

**Beto JA**. Maximizing your High Biological Value. Renal Nutrition Forum 25:7-9, 2006

Harris JE, Gleason PM, Sheean PM, Boushey C, **Beto JA**, Bruemmer B. An Introduction to Qualitative

Research for Food and Nutrition Professionals. J Am Diet Assoc 109:80-90, 2009

**Beto JA**, Nicholas M. So Just What Can I Eat? Nutritional Care in Patients with Diabetes Mellitus and

Chronic Kidney Disease. Nephrology Nursing Journal 36:497-505, 2009

**Beto J**. Improving First Year Mortality in Patients on Dialysis: A Focus on Nutrition and Exercise.

Nephrology Nursing Journal 37:61-64, 2010

McCann LM, **Beto J**. Roles of Calcium-Sensing Receptor and Vitamin D Receptor in the Pathophysiology

of Secondary Hyperparathryoidism. (Review). J Ren Nutr 20:11-150, 2010

White JH, **Beto JA**. Strategies for Addressing the Internship Shortage and Ethnic Diversity in Dietetics. (Commentary). J Acad Nutr Diet 113(6):771-775, 2013

Therrien M, Byham-Gray L, Denmark R, **Beto J**. Comparison of Dietary Intake Among Women on Maintenance Dialysis to a Women’s Health Initiative Cohort: Results from the National Kidney Foundation Council on Renal Nutrition Second National Research Question Collaborative Study. J Ren Nutr. 24(2):72-80, 2014. http://www.jrnjournal.org doi: 10.1053/j/jrn.2013.09.005

Luttrell KA, **Beto JA**, Tangney CC on behalf of the National Kidney Foundation Council on Renal Nutrition Second National Research Question Collaborative Study Group. Selected Nutrition Practices of Women on Hemodialysis and Peritoneal Dialysis: Observations from the National Kidney Foundation Council on Renal Nutrition Second National Research Question Collaborative Study. J Ren Nutr 2014. http://www.jrnjournal.org doi.org/10.1053/j/jrn.2013.12.007

**Beto JA**, Ramirez WE, Bansal VK. Medical Nutrition Therapy in Adults with Chronic Kidney Disease: Integrating Evidence and Consensus into Practice for the Generalist Registered Dietitian Nutritionist. J Acad Nutr Diet 114(7):1077-1087, 2014.

**Publications (continued):**

**Beto JA.** The Role of Calcium in Human Aging. (Review). Clin Nutr Res 2015. http://dx.doi.org/10.7762/cnr.2015.4.1.1

Therrien M**,** Byham-Gray L, **Beto J**. A Review of Dietary Intake Studies in Maintenance Dialysis Patients. J Ren Nutr. 25(4):329-338, 2015. Doi: 10.1053/j.jrn.201.11.001.

**Beto JA,** Schury KA, Bansal VK. Strategies to promote adherence to nutritional advice in patients with chronic kidney disease: a narrative review and commentary. Int J Nephr Renovascular Dis 9:1-13, 2016.

**Beto JA**, Champagne CM, Dennett CC, Harris JE. The challenge of connecting dietary changes to improve disease outcomes: The balance between positive, neutral, and negative publication results. J Acad Nutr Diet 116(6):917--920, 2016.

Velasquez-Peralta D, Ramirez R, **Beto J**. “Talking control” as a method to improve patient satisfaction with staff communication in the dialysis setting. *J Nephrol Social Work* 40(2):16-24, 2016.

**Beto JA**, Bhatt N, Gerbeling T, Patel C, Drayer D. An overview of selected recommendations from KDIGO 2017 Clinical Practice Guideline Update for the Diagnosis, Evaluation, Prevention, and Treatment of Secondary Hyperparathyroidism in Adult Patients with Chronic Kidney Disease-Mineral and Bone Disorders on hemodialysis: Implications for renal dietitians. J Ren Nutr. 29:2-15, 2019. <https://doi.org/10.1053/j.jrn.2018.05.006>.

**Beto JA,** Metallinos-Katsaras E, Leung C. Crowdsourcing: A critical reflection on this new frontier of participant recruiting in nutrition and dietetics research. J Acad Nutr Diet. 120:193-196, 2020.

Raynor H, **Beto JA**, Zoellner, J,**.** Achieving evidence-based practice in dietetics by using evidence-based practice guidelines. J Acad Nutr Diet. 120:751-756, 2020.

Errichetti A, **Beto JA**, Lorion A, Eckles R, Gross G. The use of patient simulations to teach and assess clinical competencies in Colleges of Podiatric Medicine: A survey of United States Podiatric Medical Schools. J Am Podiatric Med. 2020.

Rastogi A, Bhatt H, Rossetti S, **Beto J.** Management of hyperphosphatemia in ESRD: A New Paradigm. J Ren Nutr. 31(1):21-34, 2021. [https://doi.org/10.1053’\]j.jrn.2020.02.003](https://doi.org/10.1053’\%5dj.jrn.2020.02.003)

**Beto JA,** Metallinos-Katsaras E, Gleason P, Harris J. Electronic survey methodology for data collection and analysis in nutrition and dietetics research. J Acad Nutr Diet. Under peer review June 2023

Metallinos-Katsaras E. **Beto JA.** Survey methodology for data collection and analysis in nutrition and dietetics research. J Acad Nutr Diet. Under peer review June 2023

**Books or Chapters:**

**Beto J**, Myscofski, J. Study of Renal Disease Entities and Their Dietary Implications.

Hines, IL: Veterans Administration Hospital, 1975

**Beto J**, Hansen K. (Eds) Nutritive Value of Convenience Foods 1st Ed. Hines, IL:

West Suburban Dietetic Association, 1977

**Beto J**, Mager-Bakka L. (Eds) West Suburban Dietetic Association's Nutritive Value of

Convenience Foods 4th Ed. Chicago: American Dietetic Association, 1987.

**Beto J**. Nutritional Considerations in C. Richards (Ed). Comprehensive Nephrology Nursing.

Boston: Little, Brown, & Co., 1986

Bansal VK, **Beto JA**, Nordin MR. Long Term Effect of Cyclosporin on Renal Functions in

Cardiac Transplantation in KS Chugh (Ed). Asian Nephrology. Delhi: Oxford University

Press, 1994

**Beto JA.** Nutritional Management of Nephrotic Syndrome in Chicago Dietetic Association/South Suburban Dietetic Association (Ed). Manual of Clinical Dietetics, 5th Ed. Chicago: American Dietetic Association, 1997

**Beto JA.** Nutritional Management of Renal Stones in Chicago Dietetic Association/South

Suburban Dietetic Association (Ed). Manual of Clinical Dietetics, 6th Ed. Chicago: American Dietetic Association, 2000

**Beto JA,** Bansal VK. Careful Nutritional Support is Vital in Acute Renal Failure in Hospital Healthcare

Europe 2004/2005 London: Campden Publishing Limited, 2004

**Beto JA,** Bansal VK. Chronic Renal Disease in Children in SW Ekvall (Ed). Pediatric Nutrition in Chronic

Diseases and Developmental Disorders: Prevention, Assessment, and Treatment, 2nd edition,

London: Oxford University Press, 2005

**Beto JA.** Meta-analysis in Nutrition Research, in Monsen E, VanHorn L (Eds). Research Methods. 3rd Ed. Chicago IL: American Dietetic Association, 2007

**Beto JA**, Bansal VK. Dyslipidemia, in Byham-Gray L, Burrowes JD, Chertow GM (Eds). Nutrition in

Kidney Disease**.**  Totowa NJ: The Humana Press, 2008

Holli BB, Maillet JO, **Beto JA**, Calabrese RJ. Communication and Education Skills for Dietetics

Professionals. 5th Ed. Philadelphia PA: Wolters Kluwer/Lippincott Williams and Wilkins, 2008

Holli BB, **Beto JA.** Nutrition Counseling and Education Skills for Dietetics Professionals. 6th Ed.

Philadelphia PA: Wolters Kluwer/Lippincott Williams and Wilkins, 2013

**Beto JA**, Bansal VK, Ramirez WE. Chapter 9: Dyslipidemia, in Byham-Gray L, Burrowes JD, Chertow GM (Eds). Nutrition in Kidney Disease**.**  2nd Ed. DOI: 10.1077/978-1-62703-685-6\_9. New York, Springer Science and Business Media, 2014

**Beto JA,** Bansal VK. Chronic Renal Disease in SW Ekvall (Ed). Pediatric Nutrition in Chronic

Diseases and Developmental Disorders: Prevention, Assessment, and Treatment, 3nd edition,

London: Oxford University Press, 2017.

Holli BB, **Beto JA.** Nutrition Counseling and Education Skills: A Guide for Professionals. 7th Ed.

Philadelphia PA: Wolters Kluwer/Lippincott Williams and Wilkins, 2017.

Han H, Kent PS, **Beto JA.** Nutritional Management of Nephrolithiasis in Chronic Kidney Disease in Han H, Mutter WP, Nasser S. (Ed). Nutrition and Medical Management of Kidney Stones, Humana Press, Lucerne, Springer International, 2019.

**Books or Chapters: (Continued)**

**Beto JA**. Herbal Use in the Nutritional Management of Kidney Stones in Han H, Mutter WP, Nasser S. (Ed). Nutrition and Medical Management of Kidney Stones, Humana Press, Lucerne, Springer International, 2019.

**Beto J**. Qualitative Research in Van Horn L, Beto JA**.** (Eds). Research: Successful Approaches. 4th Ed. Chicago: Academy of Nutrition and Dietetics, 2019.

Van Horn L, **Beto** **JA.** (Eds). Research: Successful Approaches. 4th Ed. Chicago: Academy of Nutrition and Dietetics, 2019.

**Beto JA,** Bansal VK, Ramirez WE. Nutritional Management of Cardiovascular Disease. In Burrowes JD, Kovesky CP, Byham Gray LD. (Ed). Nutrition in Kidney Disease, 3rd Ed., Lucerne, Springer International, 2020.

**Beto JA.** Nutritional Management of Potassium. Global Renal Internet Course for Dietitians. National Kidney Foundation and A+fflix Health, 2020.

**Beto JA**, Holli BB, Nutrition and Dietetic Educators and Practitioners of the Academy of Nutrition and Dietetics**.** Nutrition Counseling and Education Skills: A Practical Guide. 8th Ed. Burlington MA: Jones & Bartlett Learning, 2023.

Goldstein-Fuchs DJ, **Beto J**. Cardiovascular Disease and Kidney Disease. In Renal Dietitians Dietetic

Practice Group, National Kidney Foundation Council on Renal Nutrition. Gonyea JE, Phillips SC (Eds). Clinical Guide to Nutrition Care in Kidney Disease. 3rd Ed, National Kidney Foundation and Academy of Nutrition and Dietetics, 2023.

**Abstracts:**

**Beto JA**, Bansal VK, Murphy MB, Listecki RE. Hypertensive (HTN) patient sampling using drug search of pharmacy computer prescription database (PCPD). Abstract 1045, American Society of Hypertension, New York, NY, May 1990

**Beto JA**, Bansal VK. Meta-analysis of quality of life in hypertension. Abstract 85,

American Society of Hypertension, New York, NY, May 1991

Costanzo-Nordin MR, **Beto JA**, Bansal VK, et. al. Longitudinal effects of cyclosporine

administration 0-60 months after heart transplantation. Abstract, American Society of

Transplant Physicians, Chicago, IL, May 1991

Price R, Chandrasekhar A, **Beto J**, Bansal V. Hospital computer local area network (LAN) based

information system for tracking of nutritional data in dialysis patients. Abstract (oral),

Sixth International Congress on Nutrition and Metabolism in Renal Disease, Harrogate,

UK, August 1991

**Beto JA**, Bansal VK. Self-perception in hypertension: Race and sex attitude differences.

Abstract L21, American Society of Hypertension, New York, NY, May 1992

Bansal VK, **Beto JA**. Lack of new modalities for treatment of lupus nephritis: Is renal failure

now acceptable? (Results of meta-analysis) Abstract (oral), Fifth Asian Pacific

Congress of Nephrology, New Delhi, India, December 1992.

**Beto JA**, Bansal VK, Gohlke P, Hano J. Validation of prognostic nutrition index (PNI) for

hemodialysis patients. Abstract, 7th International Congress on Nutrition and Metabolismin Renal Disease, Stockholm, Sweden, May 1994

**Beto JA**, Bansal VK, Ing TS, Daugirdas JT for the Council on Renal Nutrition National Research

Question Collaborative Study Group. Variation in blood sample collection for

determination of hemodialysis adequacy. Abstract, American Society of Nephrology,

New Orleans, LA, November 1996

Bansal VK, **Beto JA**. Comparison of intermittent hemodialysis and continuous renal replacement

therapy in acute renal failure: Meta-analysis of published data. Abstract, American

Society of Nephrology, Miami, FL, November 1999

Bansal VK, Hatch DA, Nicholas M, **Beto JA**, Ing TS. Incidence of clotting and infection with

Dialock, a new vascular access device, compared to grafts, fistulas, and catheters. Abstract, American Society of Nephrology, Toronto, Canada, October 2000

Kim FJ, Sahani MM, Bansal VK, **Beto JA**, Ing TS, Gandhi VS, Hatch DA. Surgical implantation

of a new vascular access device (Dialock). Abstract, American Society of Nephrology, Toronto,

Canada, October 2000, JASN 11:187A, 2000

Daoud TM, **Beto JA**, Bansal VK. Non-fasting lipid profile is a poor independent predictor for coronary

artery disease in hemodialysis patients: an observational study. Abstract, American Society of

Nephrology, San Francisco CA, October 2001, JASN 12:354A, 2001

Daoud TM, **Beto JA**, Bansal VK. Framingham score as a predictor for coronary artery disease in

hemodialysis patients. Abstract, American Society of Nephrology, San Francisco CA, October

2001, JASN 12:325A, 2001

**Beto JA**, Luttrell KJ, Bansal VK on behalf of the Collaborative Research Group of the Council on Renal

Nutrition of the National Kidney Foundation. Self-reported health practices of women on dialysis.

JASN 14:824A, 2003

**Abstracts (continued):**

Ramadorai A, Nicholas M, **Beto JA**, Bansal VK. Adequacy in glycemic control and prevalence of foot

ulcers in diabetic hemodialysis patients. American Society of Nephrology, November 2007,

PU 554

**Beto JA**, Schury K, Nicholas M, Moravcik N, Baldovino B, Bansal VK. Implementation of a “Getting Better” Health Awareness Patient Education Initiative Using Talking Control Support Therapy in Chronic Hemodialysis Results in Improved or Stabilized Laboratory Values. National Kidney Foundation, Spring Clinical Meeting, May 2012.

**Beto JA**, Schury K, Nicholas M, Moravcik N, Baldovino B, Bansal VK. Use of Talking Control Support

Therapy in Chronic Hemodialysis Patients Results in Higher Patient Satisfaction Survey Response.

National Kidney Foundation Spring Clinical Meeting, May 2012.

**Beto JA**, Jelebinkov M, Trepashko E, Kaneva K, Scannicchio L, Bansal VK. Correlations between Serum

Albumin and Number of Intact Teeth in Relation to Selected Biomarkers (IL-G, FGF-23, PTH) in a

Chronic Hemodialysis Randomized Cohort. American Society of Nephrology, October 2012.

**Beto JA**, Montalbano K, Rivera N, Silverman K, Schury K, Irizarry A, Valenzuela A. Application of Hispanic Culture to Food and Nutrition Curriculum Projects Promotes Student Self-Identify While Disseminating Diversity to a Wider Audience. NACTA Conference, June 2013.

**Selected Honors:**

Eleventh Annual Elaine R. Monsen Award for Outstanding Research Literature, Academy of Nutrition and Dietetics, Chicago, IL, 2014

Outstanding Volunteer Award, Ray Graham Association for People with Disabilities, IL, 2007

Outstanding Service Award, American Dietetic Association, Renal Dietetic Practice Group, 2005

Fourth Annual Joel D. Kopple Award, National Kidney Foundation, New York NY,

(Recognition of outstanding contributions in the field of renal nutrition), 2004

Nominee, United States Department of Agricultural Food and Agricultural Sciences

Excellence in College and University Teaching Awards Program, 1999

Excellence Award for Outstanding Achievement as a Dietetics Educator, American Dietetic Association, Region V, 1998

Award, Outstanding Educator, Didactic Program in Dietetics, Illinois Dietetic Assn, 1998

Award, Outstanding Educator of the Year, West Suburban Dietetic Assn, 1998

Distinguished Service Award, National Kidney Foundation, 1996

Distinguished Achievement Award, Council on Renal Nutrition, National Kidney Foundation, 1995

Award, Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics, and Management in conjunction with the American Dietetic Association Foundation, 1994

Award, 13th Annual Recognized Renal Dietitian, Council on Renal Nutrition,

National Kidney Foundation, 1993

Award, Distinguished Service, Renal Network of Illinois, Chicago, 1993

Award, Outstanding Dietitian of the Year, Illinois Dietetic Association, 1993

Award, Recognition of Service, American Dietetic Association, Chicago, 1993

Award, Recognition of Service, Commission on Dietetic Registration, Chicago, 1993

Award, Recognized Young Dietitian of the Year, American Dietetic Association, Chicago, 1978

**Selected Grants:**

PUENTES: Pathway to Undergraduate Education for Nutrition Training, Experience, and Success: Creating the Missing Bridges to the Registered Dietitian Credential for Hispanics, United States Department of Agriculture Hispanic-Serving Institution, Washington DC, $230,000, September 2011-August 2014

Validation of Nutrition Risk Assessment (NRA) Tool in Long Term Care Facilities, Consultant Dietitians in Health Care Facilities Practice Group of the American Dietetic Association; Pilot project funded by the American Dietetic Association Dietetic Practice Group of Consultant Dietitians in Health Care

Facilities, Chicago IL, $5,000, January 2004-June 2006

Relationship of Daily Activity Levels Estimated by Pedometer to Kidney Disease Quality of

Life (KDQOL) Questionnaire in Chronic Hemodialysis Patients, National Kidney Foundation

New York NY, $4,500, July 2001 (with L. McGaffigan, ACSW)

Survey of Health Practices of Women on Hemodialysis and Peritoneal Dialysis, Council on

Renal Nutrition National Research Question Collaborative Study: National Kidney

Foundation, New York NY, $4,740, May 1998

Nutrition Science Partnership Initiative, Dominican University, River Forest IL, $20,000, 1997

Prognostic Nutrition Index as a Predictor for Morbidity and Mortality in Hemodialysis

Patients and its Correlation to Adequacy of Dialysis, Council on Renal Nutrition of the

National Kidney Foundation, New York NY, $3,000, July 1995; Renewal, $2,000, July 1996

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Dated: June 2023