

Dominican University

# PSYCHOLOGY

## Advising Manual

Spring, 2017

Please think of this manual as a guide and NOT as a contract between students and the Psychology Department. Policies and procedures may be changed at the discretion of Dominican University and/or the Psychology Department. When applicable, university policy supersedes policies in this manual.

## **PSYCHOLOGY**

### **Major/Minor**

Students are offered a variety of courses that introduce them to the wealth of information that psychologists have discovered about behavior and mental processes. Psychologists have studied nearly every behavior in which human beings engage. As the science of behavior, psychology includes the study of both human and animal behavior in laboratory and real-world settings. Students collect and analyze research data as a way of understanding the methods that psychologists employ to answer the significant questions that attract us to the study of ourselves and our behavior. Students may major or minor in psychology, as well as choose courses to enrich their understanding of behavior or to supplement other areas of study.

Psychology majors/minors should plan to complete PSYC 290 and PSYC 291 (Behavioral Research and Statistics I & II) at Dominican University. These courses are central to the psychology major/minor, and unless there are extraordinary circumstances, the department will not approve transfer credit for these courses. The learning outcomes for PSYC 290/291 foster the development of the skills and knowledge psychology students need in order to be successful in upper level psychology courses at Dominican University. Although some other four-year colleges may offer integrated research methods and statistics courses for their psychology majors, these courses typically do not cover all of the essential learning outcomes taught in PSYC 290 and PSYC 291.

The Department of Psychology offers two areas of concentration within the Psychology major: General Psychology and Clinical Psychology

### **Bachelor of Arts**

#### **General Psychology**

Students interested in research, teaching or human services in psychology-related fields are encouraged to select this area of concentration.

#### Major requirements

Thirty-eight semester hours in psychology including: Psychology 101 or 102, 214, 290 and 291. Twelve hours must be taken at the 300 or 400 levels, 9 of these hours must be completed in the Psychology Department of Dominican University. All psychology

majors also must complete a capstone experience as described below. The capstone experience may count towards the requirement for 12 hours of upper level coursework. The remainder of the 38 semester hours may be chosen according to the student's interests and goals, but must include at least one course in each of three broad areas of psychology: 1) Developmental Psychology (Psyc 212, 215, 220, or 225), 2) Sociocultural/Personality (Psyc 245, 250, 270, 325, 330, or 370), and 3) Neuroscience/Learning (Psyc 105, 372, 392, or 393) (These area requirements apply to those students admitted to the university with the 2012-2013 Bulletin and forward).

## **Bachelor of Arts**

### **Clinical Psychology**

Students interested in pursuing a career that includes providing human clinical services are encouraged to select this area of concentration.

#### Major requirements

Thirty-eight semester hours in psychology including: Psychology 101 or 102, 214, 290 and 291. One course in Developmental Psychology (Psyc 212, 215, 220, or 225), one course in Sociocultural/Personality (Psyc 245, 250, 270, 325, 330, or 370), one course in Neuroscience/Learning (Psyc 105, 372, 392, or 393), and Psychology 340, 317 and 318. Two community-based learning experiences, and at least 3 credit hours of approved internship work in a clinical setting (Psyc 455). This clinical internship experience fulfills the psychology capstone requirement.

### **Bachelor of Science**

Psychology majors interested in doctoral study are strongly encouraged to earn a Bachelor of Science degree. In addition to the requirements for the Bachelor of Arts in General Psychology or Clinical Psychology, the Bachelor of Science degree requires the completion of the following: six hours in mathematics including Math 250; six hours in biology (excluding Biology 120) or chemistry; and Psychology 372, 393, and 440. The Bachelor of Science degree in Clinical Psychology requires a total of 42 hours for completion.

### **Departmental Comprehensive Examination**

All students earning a major in Psychology are required to complete the comprehensive examination in the discipline. The examination is administered by the department to graduating seniors at the end of their final semester. All Psychology majors must earn a passing score on the comprehensive exam as a condition for graduation.

### **Residency and Capstone Requirement**

A minimum of 14 hours in the major field must be completed at Dominican University. Furthermore, 9 of the 12 hours of upper level courses [300 or 400 level courses] must be completed at Dominican University. All psychology majors must complete a capstone experience. They can complete: Psyc 440, 445, 460, 470, a three hour internship (Psyc 455), *or* a Psychology Department Honors/Degree with Distinction Project. Students only need to complete one capstone from this list; however students may elect to complete more than one capstone-fulfilling requirement. Note: students fulfilling the requirements

for a B.S. in Clinical Psychology complete two capstones because they complete an internship and take PSYC 440.

### **Minor in Psychology**

A minor in Psychology requires 23 semester hours in Psychology, including Psychology 101 or 102, 214, 290 and 291. A minimum of 14 hours in the minor field must be completed at Dominican University.

**Students are individually responsible for knowing the major requirements in this Manual, and applying them each semester, as they register for classes.** Students should review these requirements regularly. Students are encouraged to consult with their advisors throughout their time at Dominican University to ensure that they are completing their degree requirements in a timely manner.

### **COURSES**

*Psychology 101 or 102 is a prerequisite for all psychology courses at the 200 level and above. Students must earn a minimum grade of C- in prerequisite courses.*

#### **101 GENERAL PSYCHOLOGY: THE SCIENCE OF BEHAVIOR (3)**

Have you ever asked yourself "why do people behave like that?" This course will help you answer that question by introducing you to the scientific study of behavior and mental processes. Students in this course will be required to participate in research. This course will satisfy the social science core area requirement.

#### **102 GENERAL PSYCHOLOGY: HONORS (4)**

Have you ever asked yourself "why do people behave like that?" This course will help you answer that question by introducing you to the scientific study of behavior and mental processes. Students in this course will be required to participate in research and to read scholarly articles related to the fundamental principles of behavior. *Prerequisite:* Honors Program or consent of instructor. This course will satisfy the social science core area requirement.

#### **105 INTRODUCTION TO NEUROSCIENCE (3)**

This course provides an overview of the history, methods, and principles of neuroscience with a special emphasis on the increasing social and political impact of new neuroscience technologies. This is the initial course for neuroscience majors, but it is available also to non-majors. No laboratory is required, but hands-on activities are incorporated into the coursework. Listed also as Natural Science 105 and Neuroscience 105. This course will satisfy the natural science core area requirement.

**212 LIFE SPAN DEVELOPMENTAL PSYCHOLOGY (3)**

This course will present an overview of human growth and development from conception to death. Physical, cognitive, psychological and social variables will be discussed for each of life's stages. Emphasis will be placed on current developmental theories, the roles of heredity and environment, as well as the influence of individual differences. This course will satisfy the social science core area requirement. *Prerequisite:* Psychology 101 or 102. Not open to students who have completed or will complete Psychology 215 or 220. This course is not intended for psychology majors, who should be taking PSYC 215 and/or PSYC 220.

**214 ABNORMAL PSYCHOLOGY (3)**

What is abnormal behavior? What causes it? How is it diagnosed? This course covers traditional and current theories concerning the nature and causes of mental problems and examines the major diagnostic categories of psychological disorders. *Prerequisite:* Psychology 101 or 102.

**215 CHILD PSYCHOLOGY (3)**

Are all infants very much the same, or do they exhibit individual differences from birth? How do children respond to different styles of parenting and environmental supports and stresses? This course covers developments from conception to puberty with an emphasis on cognitive, social and emotional development. Students who have taken or who plan to take PSYC 212 may not register for this course. *Prerequisite:* Psychology 101 or 102.

**220 ADOLESCENT PSYCHOLOGY (3)**

How long does adolescence last? Is adolescence really a time of "storm and stress?" This course covers human development from the onset of puberty to emerging adulthood. Special emphasis is given to cognitive, social and emotional development. Students who have taken or who plan to take PSYC 212 may not register for this course. *Prerequisite:* Psychology 101 or 102.

**225 ADULT DEVELOPMENT (3)**

How do we change and develop as we move into and through adulthood? This course explores the spirited debate among psychologists regarding the stability or changes in development during adulthood and the relationship of aging to physical, cognitive, psychological, and social changes during our adult years. *Prerequisite:* Psychology 101 or 102.

**245 MULTICULTURAL PSYCHOLOGY (3)**

Are the general facts and principles you learned about in General Psychology true for all people, regardless of race, ethnicity and culture? This course explores the ways that culture influences the behavior of different cultural groups in the U.S. It explores topics such as institutional oppression, implicit bias, identity development, communication, and health. *Prerequisite:* Psychology 101 or 102. This course will satisfy the social science and multicultural requirements.

**247 INTRODUCTION TO ART THERAPY (3)**

Art therapy is the therapeutic use of art making, within a professional relationship, by people who experience illness, trauma, or challenges in living, and by people who seek personal development. This course is designed to offer students a didactic and experiential overview of the field of art therapy. Material covered includes history, theory, and practice of art therapy processes, approaches and applications. *Prerequisite:* Psychology 101 or 102.

**250 PSYCHOLOGY AND LAW (3)**

How and where do the fields of psychology and law converge? Can eyewitness testimony be accepted as fact? How do psychologists serve as experts in court? This course explores these and other questions, and the roles that psychologists play in the legal system. *Prerequisite:* Psychology 101 or 102.

**270 SOCIAL PSYCHOLOGY (3)**

How do we understand social behaviors such as stereotyping, formation of social groups, conformity, and altruism? What attracts us to one another, and what causes us to engage in aggressive acts? This course introduces students to social psychological principles and research so that they may explain everyday social behavior and attitudes. *Prerequisite:* Psychology 101 or 102.

**290 BEHAVIORAL RESEARCH AND STATISTICS I (4)**

This course will introduce the student to the use of statistical methods for analyzing data from descriptive and correlational research designs. Students will learn how to evaluate and conduct correlational research studies. *Prerequisites:* Psychology 101 or 102, Psychology major or minor, or consent of instructor, Math 130 or 170 with a minimum grade of C-.

**291 BEHAVIORAL RESEARCH AND STATISTICS II (4)**

This course builds on what students learned in Psychology 290. It will introduce the student to the use of inferential statistical methods for analyzing data from experimental and quasi-experimental research design. Students will learn how to evaluate and conduct experimental and quasi-experimental research studies. *Prerequisites:* Completion of Psychology 290 with a minimum grade of C-.

**292 CAREER DEVELOPMENT FOR PSYCHOLOGY MAJORS AND MINORS (1)**

This course is designed to help majors and minors begin planning their long-term careers in psychology and related fields, including career options available immediately upon graduation and those careers that require further graduate training in clinical psychology and related fields. Students will reflect on the process of searching and applying for jobs and will learn about the services and tools available at Dominican University to help with their career advancement. *Prerequisite:* Psychology major or minor; or Neuroscience major.

**299 COMMUNITY-BASED LEARNING (1)**

Taken in conjunction with a regularly scheduled psychology course, this one credit-hour option involves relevant experience within an established human services program.

*Prerequisite:* Consent of the instructor.

**312 HEALTH PSYCHOLOGY (3)**

How do our emotions and behaviors affect our health? Can I think myself into an illness?

This course examines how psychological, social, and cultural factors are related to the promotion and maintenance of health and the causation, prevention, and treatment of illness. *Prerequisite:* Psychology 214 and 290.

**317 CLINICAL PSYCHOLOGY I (3)**

This course is an introduction to the field of clinical psychology, relevant theorists, and schools of psychotherapy. Practical interviewing skills will be demonstrated, and students will develop skills through role playing exercises. Report writing based upon observation, inference and interviews will be included. It is recommended that students take Psychology 340 before this class or concurrently. *Prerequisite:* Psychology 214.

**318 CLINICAL PSYCHOLOGY II (3)**

This course will continue the development of interviewing skills. Through the use of clinical case studies, students will develop their ability to write clinical reports that reflect knowledge of the theory and practice of counseling and psychotherapy and the integration of diagnostic and assessment information. *Prerequisites:* Psychology 317 and 340.

**325 PSYCHOLOGY OF GENDER (3)**

Are there genuine differences between the sexes? If so, what are these differences and how do they develop? Controversial questions regarding sex differences and similarities in development, cognitive abilities, emotions and behavior are explained from genetic, biological, psychological and socio-environmental perspectives. *Prerequisite:* Psychology 290 or instructor consent.

**330 PERSONALITY THEORY (3)**

What is personality? How are our personality characteristics formed and organized to make us the unique individuals that we become? This course will cover the historical and contemporary theories of personality and their influences upon psychological research.

*Prerequisite:* Psychology 290 or consent of instructor.

**332 CLINICAL BEHAVIORAL MEDICINE (3)**

This course will address the psychological and social bases of patient behavior across the lifespan and the interrelationship between these factors and health, illness and the practice of medicine. Basic behavioral science, with an emphasis on clinical assessment and psychopathology, will be covered. In addition to theory, students will learn specific, practical skills that they can apply to clinical situations for more effective delivery of health care. *Post-Bacc students only.*

### **340 SURVEY OF PSYCHOLOGICAL ASSESSMENT (3)**

What is a psychological test and how is it constructed? What can psychologists learn about people by using psychological tests? This course introduces students to standardized tests, their construction, uses and criticisms. Students have the opportunity to examine a variety of psychological tests. *Prerequisite:* Psychology 290.

### **360 INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY (3)**

What contributions does psychology make to organizations? How can psychological principles be used to make better decisions for workplaces? This course explores the various ways that psychologists increase organizational effectiveness and individual well-being. Topics include personnel selection, training, work motivation, leadership, organizational culture, and work environment. Listed also as Communication Arts and Sciences 361. *Prerequisite:* Psychology 101 or 102.

### **370 COMMUNITY PSYCHOLOGY (3)**

How does a person's environment affect her or his psychological well-being? How can psychology help create healthier communities? This course will introduce students to the field of community psychology, which tries to understand people in their social, cultural and historical contexts. Topics that will be discussed include: oppression and social problems as well as individual and community empowerment. *Prerequisite:* Psychology 290 or consent of instructor.

### **372 BEHAVIORAL NEUROSCIENCE (4)**

This course explores principles of behavioral neuroscience, including brain mechanisms of learning and memory, regulation of food intake and body weight, and mechanisms of fear and anxiety. The laboratory covers basic techniques in electrophysiology and behavioral analysis. *Prerequisite:* Biology 111. Listed also as Neuroscience 272.

### **380 EVOLUTIONARY PSYCHOLOGY (3)**

The field of evolutionary psychology attempts to provide clues into the underlying causes of human predispositions based upon the selection pressures existing during our species' evolutionary history. *Prerequisite:* Psychology 290 or consent of instructor.

### **392 THINKING AND REASONING (3)**

What does it mean to be a critical thinker? This course explores basic and applied psychological research investigating how cognitive and developmental processes influence the quality of our judgment and decision-making skills. *Prerequisite:* Psychology 290.

### **393 LEARNING AND MEMORY (4)**

What are the scientific laws that govern how we learn? How do our cognitive (mental) processes affect our behavior? In addition to studying fundamental learning theories, students will explore a variety of cognitive processes including attention and memory. The laboratory will include demonstrations of classic studies related to human learning and memory. Students will work together in small groups to complete an empirical project about learning and memory. *Prerequisites:* Psychology 290 and 291.

#### **440 HISTORY AND SYSTEMS OF PSYCHOLOGY (3)**

Where did psychology come from? What are its roots and evolution? Where is it going? This course will cover the historical development of the major psychological theories and systems. Such areas as psychoanalysis, behaviorism and the cognitive revolution will be covered. This course satisfies the capstone requirement for the psychology major.

*Prerequisites:* Twenty-one hours of psychology credit, junior or senior standing, and Psychology 290 and 291.

#### **445 PROGRAM PLANNING AND EVALUATION (3)**

Do social service programs work? Can they be improved? This course introduces students to the fundamentals of planning and evaluating programs within social service organizations. Topics include the link between program planning and program evaluation, different types of program evaluation, evaluation designs and data collection, evaluation reporting and using evaluation results to strengthen program operations. This course satisfies the capstone requirement for the psychology major. *Prerequisite:* Psychology 290 and 291.

#### **455 INTERNSHIP (1-8)**

An internship can offer you the chance to apply psychological principles in a real world setting. Supervised experiences can be arranged at such locations as mental health centers, hospitals, agencies, businesses and non-profit organizations. In addition, students will complete weekly journal reflections, a PowerPoint presentation that describes their experience at their organization, and an APA-style research paper on a topic relevant to their internship. This course satisfies the psychology capstone requirement.

*Prerequisite:* Twenty-one semester hours of psychology credit, six of which are to be completed at Dominican; a grade point average of 3.00 in psychology; junior or senior standing, and departmental approval.

#### **460 ADVANCED TOPICS IN PSYCHOLOGY (3)**

This is a course devoted to the in-depth study of a single topic area. The content will be based upon the research interests of the faculty member teaching the class. This course satisfies the capstone requirement for the psychology major.

*Prerequisites:* Psychology 290 and 291; 21 semester hours of psychology credit, and junior or senior standing or consent of instructor.

#### **470 ADVANCED RESEARCH (4)**

This course will require students to conduct research as a collaborative class project. Lectures will include advanced research design, ethics and data analysis. Students interested in graduate-level work in psychology are encouraged to take this course. This course satisfies the capstone requirement for the psychology major. *Prerequisites:* Psychology 290, 291, and senior standing or consent of instructor.

#### **475 PSYCHOLOGY SEMINAR (3)**

This course is an opportunity to read professional and popular books and articles, and discuss them at length with members of the faculty and with fellow students. Enrollment is strictly limited in order for students to have the experience of thoughtfully discussing

psychological issues in a small-group setting. This course satisfies the capstone requirement for the psychology major. *Prerequisites:* Psychology 290 and 291; 21 semester hours of psychology credit, and junior or senior standing.

**INDEPENDENT RESEARCH OR CREATIVE INVESTIGATION (1-3)**

Introductory, Intermediate, Advanced, Senior Thesis Independent Research or Creative Investigation is a course in which students collaborate with faculty mentors on an ongoing faculty research project or conduct an independent project under the guidance of a faculty member. This directed undergraduate research or creative investigation culminates in the presentation of this research at a research conference.

**PSYC 295 INDEPENDENT UNDERGRADUATE RESEARCH OR CREATIVE INVESTIGATION (1-3 hours)** Prerequisite: Consent of the instructor.

**PSYC 395 INDEPENDENT UNDERGRADUATE RESEARCH OR CREATIVE INVESTIGATION (1-3 hours)** Prerequisite: Consent of the instructor.

**PSYC 495 INDEPENDENT UNDERGRADUATE RESEARCH OR CREATIVE INVESTIGATION (1-3 hours)** Prerequisite: Consent of the instructor.

Three credit hours of PSYC 495 may be counted as the capstone with departmental approval

**Courses available to Psychology majors in the Graduate School of Social Work.**

**These courses will count as 300 level classes toward the Psychology major.**

**SWK 513 HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT (3)**

Provides students with information on the bio-psychosocial life span development and the influence of various social systems (families, groups, organizations and communities) in relation to the social, cultural, spiritual, ethnic, economic and political environments. *Prerequisites:* Psychology major and senior standing.

**SWK 514 HISTORY OF SOCIAL WORK AND SOCIAL WELFARE (3)**

The first of three required courses in social policy defines social policy; examines the social, economic, and political circumstances that give rise to social problems and their policy solutions, and explores frameworks for analyzing these solutions and reviews a history of the profession of social work and its relation to social welfare policy. Special emphasis is given to social and economic justice as reflected in historical social welfare policy decisions made in America. *Prerequisites:* Psychology major and senior standing.

## Students interested in graduating with Honors or a Degree with Distinction

The Psychology Department offers students a special opportunity to complete an independent research project to graduate with Honors or a Degree with Distinction. The Psychology Department has very high standards for honors projects; students must propose a well-developed independent project which has been carefully thought through. The project should be empirical and quantitative. Projects dedicated to literature reviews or that were part of a class project do not qualify (however this work could be done for research unit credits). For most departmental honors projects, students complete a literature review, design the study, and collect and analyze their own data. If the project is part of an on-going study, it is imperative that the student have a substantial, well-developed piece to work on independently. This empirical project will be supervised under the direction of two psychology faculty members. The project requires a proposal and final research paper written using APA guidelines. The project must be approved by all departmental faculty members at the proposal stage, as well as the completed final project, in order for the student to be awarded Honors or a Degree with Distinction.

This research project is typically developed during the *fifth semester* (typically fall of one's junior year). To be prepared for the project, it is strongly suggested that students complete the psychology 290-291 research methods and statistics course by the *fourth or fifth semester*. By the fifth semester students need to have a project idea in mind and should consult with faculty members in the department to help formalize the empirical project. The project requires two psychology faculty readers. The first reader is the lead advisor who will meet with you frequently and will more directly oversee your project. The second reader typically is a consultant and offers suggestions during the process. If Institutional Review Board (IRB) approval is needed for the use of human participants, you will need to have your project proposal ready to submit to the IRB by the start of the sixth semester (spring junior year).

All full-time department faculty members review the proposals in February or early March prior to the Honors Committee deadline. During the review meeting you will be asked questions about your project and receive feedback. Data collection should take place the sixth semester and perhaps over the summer. Data analysis and the results section should be completed prior to the start of the seventh semester. During the seventh semester (fall of your senior year) you will submit a rough draft (results and at a minimum an outline of a discussion section) to the Honors Committee. You will then submit another draft to a committee convened by the First Reader. That committee will provide a round of written feedback that you will incorporate into the final manuscript. You will then defend the project in a formal meeting with your committee. The committee then decides whether your project is worthy of a Degree with Distinction.

The decision to conduct an Honors project is a commitment. Be prepared to devote from 10 to 15 hours per week to your project. Since there are a limited number of students whom a faculty member can direct, there sometimes are more students interested in conducting research than there are spots available. Thus, it is important to establish consulting relationships with faculty members prior to the fifth semester.

## Advising Recommendations

- Psyc 101 or 102, 214, 290 and 291 constitute the core of the major. These courses should be taken as early as possible in the student's career, since they are prerequisites for upper division classes.
- Psyc 290 and 291 should be completed before entering the junior year.
- Math 130 or 170 is a prerequisite for Psyc 290, and should be taken as soon as possible. A grade of C- or higher is required in the math class
- Students desiring to attend graduate school after graduation should take the Graduate Record Examination during the fall semester of their senior year.

## Psychology careers web resources

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**Course Website for Psychology 292, Career Development for Psychology Majors and Minors:** <http://psych292.homeip.net>

**American Psychological Association's guide to What Psychologists Do based on surveys of undergraduate psychology majors. Provides an overview of the field of psychology, discusses Bachelor's degree options on page 3:**  
<http://www.apa.org/careers/resources/guides/careers.aspx#whatpsychologistsdo>

**Dr. Marky Lloyd's Careers in Psychology page.** An excellent resource made up of multiple subsections, including "Entry-level Jobs for Psychology Majors":  
<http://www.psywww.com/careers/index.htm>

**What can I do with my Psychology Degree?** <http://www.psychologymajors.com/what-can-i-do-with-my-undergraduate-psychology-degree>

**Interview information:** <http://www.best-job-interview.com/behavioral-interview.html>

**Bureau of Labor Statistics-Careers for Psychology Majors**  
<http://www.bls.gov/ooh/life-physical-and-social-science/psychologists.htm>

Occupations chosen by Psychology Majors and Their Wages:  
<http://www.bls.gov/oes/2007/may/figure10.pdf>

- clinical, counseling, and school psychologists :  
<http://www.bls.gov/oes/current/oes193031.htm>
- industrial-organizational psychologists:  
<http://www.bls.gov/oes/current/oes193032.htm>
- psychologists, all other: <http://www.bls.gov/oes/current/oes193039.htm>

## "If you are interested in graduate school, you should know..."

- Students interested in identifying graduate programs in psychology often find *Graduate Study in Psychology* (ISBN: 978-1433812200) to be a valuable resource. This book is published by the American Psychological Association (APA) each year, and it identifies all of the graduate psychology programs in the USA and Canada. It includes valuable information about the application process at each school, the program's history of admissions, the various concentrations that they offer and many more topics of interest. The Psychology Department at Dominican University keeps a copy of this book, but you can order a copy for yourself through the APA ([www.apa.org](http://www.apa.org)).
- Application to graduate school can be a long process, particularly if you are applying to several programs. Take this very seriously, and allow enough time to search for graduate programs that may interest you, prepare and take admission exams if required, send transcripts, give faculty members enough time to write letters of recommendation, and make certain that you have completed the application process before the deadline dates. Graduate programs often have deadlines that may not allow for late applications.
- A resource you will find extraordinarily helpful throughout the process is a file entitled "So You Want To Go To Graduate School." This compendium was assembled by Mary Petrosko, a 2009 graduate of our program who successfully navigated her way through the graduate school application process. It is located on the Psychology Department website.
- Most graduate schools ask for letters of reference, as part of the application process. Faculty members are happy to provide you with a letter. Such letters often can help graduate schools get to know you, and understand how you will fit into their programs and into the social structure of their departments. These letters also are an opportunity to show you and your accomplishments in the best light possible, and can serve as a way of diminishing the importance of some aspects of your academic background that may not meet the minimum requirements of the graduate program. Consequently, it is very important that you get to know the faculty members at Dominican University who will write your letters. Asking for a letter from a faculty member who has taught you in one or more courses without getting to know you will result in a letter without much firsthand information about who you are outside of class. The best letter will be written by a faculty member who has taught you, has advised you, has supervised your independent research, and has spent time talking to you about your plans and goals. It is up to you to seek out faculty members, and get to know them.
- Many graduate programs will require you to take the Graduate Record Examination (GRE). This test has two principle parts: The General Test and the Subject Test. The General Test includes: Verbal, Quantitative and Analytic Writing sections. The Subject Test covers your undergraduate major. These two parts can be taken on the same day or on different test days. This test must be

taken in time for you to have your scores sent to the programs to which you are applying by their deadlines. Most students will take this test early in the fall of their senior year. There are GRE study guides available in major bookstores or online. In addition, The Princeton Review ([www.princetonreview.com/grad/gre-test-preparation.aspx](http://www.princetonreview.com/grad/gre-test-preparation.aspx)) and Kaplan ([www.kaptest.com/](http://www.kaptest.com/)) offer test preparation classes for the GRE.

- Graduate study in Psychology can be very competitive especially at the doctoral level. Limiting yourself geographically (“I must stay in Chicago”) can have a serious impact on your ability to find a program that is a good fit. Schools in major metropolitan areas are very attractive to applicants from around the country. If you are willing to travel to a different location (e.g. North Dakota, Kansas, Oklahoma) for the years that it will take to earn a graduate degree, you may increase substantially the odds of being admitted to a graduate program.

# **Recommendations for students interested in: Clinical Psychology, Counseling, Social Work, School Psychology, Art Therapy, and Occupational Therapy.**

## **Clinical Psychology**

Clinical Psychology is a doctoral level profession that requires that a person be licensed by the state to practice. Each state sets its own licensing requirements; however, clinical doctoral programs approved by the American Psychological Association (APA) generally contain the course requirements and clinical training that meet the standards of most states.

There are two avenues that a student can pursue when seeking to become a clinical psychologist: Ph.D. programs and Psy.D. programs.

**Ph.D. programs** are found within major research institutions (e.g. DePaul University, University of Illinois, Northwestern University, etc.). These programs are based upon the scientist/practitioner model of training. Students receive education in both the application of clinical psychology in a mental health setting, and extensive education in research methodology. Ph.D. programs ordinarily require that students attend on a full-time basis.

The advantages of earning a Ph.D. include the ability to do both clinical work and teach in a college or university. Such programs generally admit only as many students as they can support. That means that students in these programs pay no tuition and receive a stipend (money) for assisting a professor for about twenty hours per week. This work can include: grading papers, doing library research, conducting research studies, and teaching classes. The disadvantage of applying to such programs is that they are very competitive. It is not unusual for a university to have 300-400 applications for as few as 6 or 7 positions.

Ph.D. programs generally require that applicants demonstrate research skills. This usually is done through an independent research project supervised by a faculty member. Presently, it would be extremely difficult to enter a Ph.D. program without having done an independent research project. Students can get this kind of experience in Psyc 450, 470, by doing an Honors Project, or a Degree with Distinction Project. You should discuss the possibility of doing independent research with your Dominican University advisor before the end of your second year of study.

Ph.D. programs favor applicants who have a strong mathematics and natural science background. We recommend that you take as many courses in these areas as you can arrange. Particularly math through calculus, biology, and neuroscience. A minor in one of these areas would look very good on an application to a Ph.D. program.

**Psy.D. programs** are typically offered in free-standing schools of psychology. That is, they are not affiliated with major institutions of higher learning. This degree is based upon what is known as the professional model of training. This model accentuates the application of psychological principles in applied clinical settings. Although students in such programs are exposed to various forms of psychological research, they do not receive intensive education in this area. Consequently, persons earning a Psy.D. are not academically prepared to conduct the level of research that would be required of a university or college professor. They prepare for a life of professional clinical service that usually does not include research or teaching.

Psy.D. programs offer the advantage of admitting much larger classes of students as compared to Ph.D. programs. Classes of 45 -50 students are not unusual. A disadvantage, as most students may see it, is that these programs usually offer little if any financial aid to students. Consequently, this form of education in clinical psychology is funded directly from a student's savings, earnings, or through educational loans.

Both Ph.D. programs and Psy.D. programs can qualify an individual to earn a license to practice clinical psychology. It is the same license no matter which degree a person has earned. Both degrees prepare a person to do clinical work in the same applied settings. The principle difference is that only the person with a Ph.D. ordinarily would be hired by a college or university to teach and do research at that level.

Students interested in becoming clinical psychologists may choose either the general psychology or clinical psychology sequence at Dominican University. It is strongly recommended that students interested in doctoral education pursue the B.S. degree.

We also recommend that students apply to programs approved by the American Psychological Association (APA). Attending an APA approved program will assist in securing an appropriate internship experience (necessary for licensure), and usually will guarantee that your coursework will qualify you to take a state licensing examination. You can check on this approval status by going to the website of any of these programs. APA approved programs are very happy to advertise this important distinction. Additional information about careers in Psychology can be found at the website of the American Psychological Association (<http://psycareers.apa.org/>).

## **Master's Degrees in Psychology and Mental Health/Counseling**

There are numerous master's degree programs available in psychology and other mental health areas of study, which are offered at a variety of institutions in the Chicago area and elsewhere. They differ considerably in their focus and quality. Some programs are designed to prepare students to practice counseling in various settings including: schools, agencies, rehabilitation centers, and hospitals. Others are focused on other applied areas such as: forensic psychology and industrial psychology.

Many clinically oriented masters degrees are offered in Graduate Schools of Psychology, Graduate Schools of Education, and in Professional Schools of Psychology that also offer the Psy.D. degree. These institutions offer master's degree programs in such areas as: School Counseling, Couple/Family Therapy, Vocational Rehabilitation Counseling, Community Counseling and Counseling Psychology. These degree programs are intended for students who are interested in clinical practice, though some graduate programs mentioned above include and focus on research, as well. These graduate degrees are considered "terminal degrees," which means that the degree is not considered a stepping stone to a doctoral degree at a later date. Such a master's degree, while marketable, would likely exclude teaching/research in academia, as well as testing and assessment done by Clinical Psychologists. Some community colleges hire persons with master's degrees as full-time faculty members.

The State of Illinois licenses counselors at the master's level through the Professional Counselor and Clinical Professional Counselor Licensing Act. Any program that a student is considering should meet the educational and experiential requirements of this act in order for the student to be eligible for licensure after graduation. It is essential that students interested in this licensure should seek entry and graduation from programs accredited by the Council for Accreditation of Counseling and related Educational Programs (CACREP). Any graduate program that does not currently have CACREP accreditation likely will prevent a graduate from being licensed as a Licensed Clinical Professional Counselor (LCPC).

Those students who are considering the possibility of eventually earning a doctoral degree may find that some doctoral programs value having earned a master's degree while others may not. It is important to note that graduation from an undergraduate psychology program is the launching point for a Ph.D. or Psy.D. in Psychology. A master's degree is not required for acceptance into a doctoral program.

Conversely, some master's programs have much better records of graduates being admitted to doctoral programs than others. Students who earn a master's degree from one institution, and enter a different institution to study for a doctoral degree may be required to repeat some of their earlier coursework at the discretion of the new program. The faculty members of the Dominican University Psychology Department are valuable resources for students who are considering a master's program.

## **Social Work**

Social Work is a master's level profession. These programs generally offer the Master of Social Work degree (M.S.W.). Social Work programs typically take two years of full-time work to complete, although some programs permit students to pursue this degree on a part-time basis.

Social Work is an independently licensed profession in all of the states. An advantage for some students who enter these programs is that they admit large classes of students, and can be completed in a relatively short period of time (2 years of full-time study). Many students in these programs have returned to college to change careers; others enter these programs directly upon graduation with a bachelor's degree.

Social Workers serve professionally in many different settings including: hospitals, schools, community clinics, private practice, community agencies, and many other organizations that offer assistance to people in need. In the area of social work, there are many traditional areas of practice with specific clientele groups, i.e., mental health, child welfare, families, school social work, medical social work, crisis disaster management, etc. Students also can consider practice in terms of the client group (e.g. adolescents, young parents, older adults, etc.). The local chapter of the National Association of Social Workers can be found at: <http://www.naswil.org>. Dominican University has a School of Social Work that is accredited by the Council on Social Work Education. In addition, it offers the type 73 School Social Work Certification for those interested in becoming School Social Workers.

## **Dominican University School of Social Work Advanced Placement Options**

The Psychology Department and the Graduate School of Social Work cooperate in two advanced placement options: the Bridge Program and the BA/MSW Dual Admission Program.

### **The Bridge Program**

Psychology majors may take two classes in the Graduate School of Social Work (GSSW) during their senior year (SWK 513 and SWK 514) with departmental approval. These courses count toward the major and toward the 124 hours needed for the undergraduate degree, and may be applied to the master's degree in social work (MSW) at Dominican University. Students desiring a career in social work and who wish to attend the Dominican University Graduate School of Social Work should apply for admission during their senior year of study. Successful completion of these courses does not guarantee admission to this graduate program. Upon admission to the Graduate School of Social Work, those psychology students with a 3.25 GPA may apply for both the GSSW Summer II Course Waiver (enroll in two (2) GSSW Summer II semester courses and get one free) and for the Dean's Scholarship or a Graduate Research Assistantship.

Process for entering Bridge Program:

1. Work with your undergraduate academic advisor to determine eligibility.
2. Complete the Bridge Program Application Form and submit this to GSSW Admissions Office, Coordinator of Student Support.

### **The BA/MSW Dual Admission Program**

Students interested in pursuing an MSW degree may do so at the same time that they are earning their BA degree. This can result in completion of both degrees in five years. The student will complete all of the usual requirements for the BA degree and the Psychology major: Foundations, area studies, LAS Seminars, multicultural course, along with the major equaling 124 semester hours. SWK 513 and 514 will count as Psychology electives. The remainder of the course work taken in the Graduate School of Social Work will count as MSW coursework and as elective hours toward the BA. In order to apply for admission to this selective program, students must:

1. Receive approval from the Chair of the Psychology Department.
2. Have a minimum GPA of 3.25 overall, and in the Psychology major.
3. Complete PSYC 290 and 291 (or be currently enrolled) with minimum grades of C or better and receive credit for SWK 512 – Social Work Research Methods.
4. Complete the application materials for the GSSW, including two references, and a personal statement.
5. Plan to apply during the spring semester of the sophomore year.

6. Upon admission to the Graduate School of Social Work, students can apply for the GSSW Summer II Course Waiver (enroll in two (2) GSSW Summer II semester courses and get one course free.)
7. Refer to **Appendix D** for a sample academic schedule for the BA/MSW.

## School Psychology

School psychologists are trained in both psychology and education. They must complete a minimum of a Specialist-level degree program (60 graduate semester credits). This is usually a two year program that leads to a master's degree. This includes a 1200-hour internship and emphasizes preparation in the following: data-based decision making, consultation and collaboration, effective instruction, child development, student diversity and development, school organization, prevention, intervention, mental health, learning styles, behavior, research, and program evaluation.

School psychologists must be certified and/or licensed by the state in which they work. They also may be nationally certified by the National School Psychology Certification Board (NSPCB)

School psychologists work with students individually and in groups. They also develop programs to train teachers and parents about effective teaching and learning strategies, techniques to manage behavior at home and in the classroom, working with students with disabilities or with special talents, addressing abuse of drugs and other substances, preventing and managing crises, coordinating and facilitating of IEP meetings, and Response to Intervention systems planning.

In addition to the psychology core requirements, students preparing for a career in School Psychology should consider taking the following classes: 215, 220, 340 and 393

School Psychology programs often are found in schools of education in major universities. Additionally, some professional schools of psychology may offer programs in school psychology. Some states permit school psychologists to have a limited private practice, as well as be employed by a school district. Additional information can be found at the website of the National Association of School Psychologists (<http://www.nasponline.org/>).

## Art Therapy

The American Art Therapy Association (AATA) defines art therapy as *“a mental health profession that uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.”*

Art Therapy integrates the fields of human development, visual art (drawing, painting, sculpture, and other art forms), and the creative process with models of counseling and psychotherapy. Art Therapy is used with children, adolescents, adults, older adults, groups, and families to assess and treat the following: anxiety, depression, and other mental and emotional problems and disorders; mental illness; substance abuse and other addictions; family and relationship issues; abuse and domestic violence; social and emotional difficulties related to disability and illness; trauma and loss; physical, cognitive, and neurological problems; and psychosocial difficulties related to medical illness

**What are the credentials of art therapists?** Art therapists are master's level professionals who hold a degree in art therapy or a related field. In some states, one can become a licensed professional art therapist, a certified professional art therapist, or a licensed creative arts therapist. In other states, art therapist also can become licensed as professional counselors, clinical mental health counselors, or a marriage and family counselor. Check with the school you wish to attend and the state where you wish to practice to determine what your final credentials will be.

**Where do art therapists work?**

Art therapists work in a number of settings including hospitals, clinics, public and community agencies, wellness centers, educational institutions, businesses, schools, and private practices.

**What are the basic requirements for admission into a graduate program?** Graduate schools may vary on their requirements, and it is best to check directly with the school you wish to attend. However, all will require undergraduate course work in art and psychology as well as a personal portfolio. The requirements include but are not limited to:

- An undergraduate/baccalaureate degree or the equivalent from an accredited institution.
- Candidates with training and experience in the visual arts and psychology or the human services.
- The equivalent of 12 semester credit hours in psychology. These courses need to include general or introductory psychology, abnormal psychology, theories of personality, and psychometrics or research methods. In addition, some schools may require a course in lifespan development or child & adolescent development.
- Eighteen (18) semester credit hours in studio art that demonstrates proficiency and disciplined commitment to visual art in three or more visual art medias such as drawing, painting, and sculpture or pottery.
- A portfolio of original art work (15 examples in three or more different media) demonstrating competence with art materials ordinarily is required to be presented at the admissions interview.
- As a final step in the application process, applicants who meet the admission standards will be invited for an individual interview with art therapy faculty.

Finally, for mental health professionals who already have a master's degree and professional practice, there are different routes to learning about art therapy and integrating it into their practice. Many programs exist that offer certifications to mental health workers, behavioral health nurses, counselors, social workers, and psychologists, in expressive arts and creative art therapies in order to learn more about how to integrate art therapy in working with their clients. Additional information about Art Therapy can be found at the website of the American Art Therapy Association (<http://www.arttherapy.org/>)

## **Occupational Therapy**

Occupational therapists (OT) help people perform daily tasks (i.e., life skills, work related, leisure, etc.) to help maximize independent living. The American Occupational Therapy Association (AOTA) defines OT as “a science-driven, evidence-based profession that enables people of all ages to live life to its fullest by helping them to promote health and prevent—or live better with—illness, injury or disability.” The treatment approach includes treating the whole person. Occupational therapists help individuals with mental, physical, emotional, or developmental impairments. They work with individuals to develop a custom treatment program, and give guidance to families, caregivers, and communities. There are six broad areas that occupational therapists work in: mental health, productive aging, children and youth, health and wellness, work and industry, rehabilitation, disability and participation.

### **How do I become an Occupational Therapist?**

Go to an OT graduate school. Occupational therapy practitioners hold masters or doctoral degrees in OT.

### **Getting into Graduate School**

All students interested in OT should meet with the Psychology Department Pre-OT Advisor as soon as possible. Meeting before the first semester of the freshman year is strongly recommended. Besides completing course requirements (see course catalogue) and having an appropriate GPA, it is essential to observe OTs. It is important to try to observe more than one area of OT. Suggestions include hospital settings, schools, clinics, OT practices and observing a variety of patients (i.e., children, adults, older adults). If you have no connection to an OT, call a clinic, practice, or hospital and arrange to be a volunteer or ask if you could speak to an OT about observing. There are not a set number of hours required to get into most programs, but generally the minimum is 40 hours of observation (closer to 100 hours is recommended). Remember to record the hours and dates you observe as this information will help when completing your application. The point of the observation hours is so that OT graduate school admissions officers can see that you are interested in OT, and that you are familiar with the OT field. Additional information can be found on the website of the American Occupational Therapy Association (<http://www.aota.org/>).

## **GRE**

Some programs require that you take the Graduate Record Examination, while for others it may be optional. For most OT programs, the GRE score is an important criterion of admission. A cumulative GRE score above the 50<sup>th</sup> percentile will be helpful for admission to most programs.

## **Recommendation letters**

One of the most important aspects of getting into an OT program is the recommendation letter from an occupational therapist. You will need to establish a relationship with an OT in order to be able to expect a letter of recommendation. Three letters are required for most applications, of which, at least one must be from an OT.

## **Admission Guidelines for many Occupational Therapy programs:**

1. A minimum undergraduate GPA of 3.70 on a 4.00 point scale (average admitted GPA is 3.8 or higher).
2. Completion of the following courses:
  - Biology 152 and Biology 252
  - Psychology 290 and 291 or Sociology 361 and 362
  - Sociology 110
  - Psychology 215 or Education 300
  - Psychology 220 and 225
  - Two psychology electives (courses other than the developmental sequence). For non-psychology majors Psychology 101 or 102 and 214 are strongly recommended.
  - Biology 120
3. Completion of the Graduate Record Examination (GRE) (taken within the past five years), with scores above the 50<sup>th</sup> percentile.
4. Experience or familiarity with occupational therapy. Students should complete at least 40 hours of OT observation. Other suggested experiences include: volunteer work, clinical experience, fieldwork, internships, or independent study.
5. Most programs invite qualified prospective students for an on-site visit and interview with a member of their faculty. During this on-site interview, a writing sample or oral case analysis may be requested.

Note: Courses listed above are suggested courses for all Occupational Therapy Graduate Programs. Students must check the specific course pre-requisites for each OT school as some schools also require a course in Human Anatomy that involves a cadaver lab (at Dominican this course is BIOL 351 and may only be taken after completing BIOL 152 and 252 with grades of B+ or better), Physics, Kinesiology, Pathophysiology, and an Introduction to OT. **It is the student's responsibility to become familiar with the admission requirements of the program(s) to which she or he plans to apply.**

It is important to note that student applications are evaluated on the strength of both academic performance and non-academic performance (i.e., work life, extracurricular activities, and life experience). In general, GPA and GRE scores are critical criteria.

All application materials must be submitted early in the Fall semester of the student's senior year (preferably in early September).

For additional information, contact the Pre-OT Advisor at Dominican University.

#### **OT Web resources**

- **Professional Societies**

Illinois Occupational Therapy Association

<http://www.ilota.org/>

American Occupational Therapy Association

<http://www.aota.org/>

- **General information**

Bureau of Labor Statistics-Occupational Therapy

<http://www.bls.gov/ooh/healthcare/occupational-therapists.htm>

### **LAW: 3+3 ACCELERATED BACHELOR'S DEGREE AND JOHN MARSHALL LAW *JURIS DOCTORATE* (JD)**

Dominican University and John Marshall Law School have a 3+3 accelerated Law School agreement. Students complete both a bachelor's degree and a law degree in a total of six years in comparison to the usual seven years. This is an extremely challenging program that requires academic discipline and commitment. This program is open to all students. Psychology majors are invited to participate in this program.

Students who are interested in this opportunity should contact Dr. David Dolence, the Director of the Pre-Law Program ([ddolence@dom.edu](mailto:ddolence@dom.edu); 708-524-5969), who will provide you with additional information and an advising manual for the program. **Appendix E** offers a sample schedule that outlines courses to be taken.

## APPENDICES

The following Appendices are offered to students as models of possible class schedules that demonstrate how they may complete their major over a four year period. Individual needs will result in some variations in these schedules. Therefore, students are advised to interpret these as examples only, not as prescribed or required steps to the completion of a major in Psychology.

**Appendix A** includes schedules for students desiring to earn the B.A. or B.S in General Psychology or Clinical Psychology.

**Appendix B** includes schedules for students desiring to earn the B.A. or B.S. in General Psychology or Clinical Psychology, and who plan to complete those courses necessary to apply to graduate programs in Occupational Therapy. Please note that individual OT programs may have requirements that differ from those outlined in this appendix. Students interested in careers in OT should meet with the departmental Pre-OT advisor, and should identify independently prerequisite courses for those programs to which they plan to apply.

**Appendix C** is a sample schedule for students electing to participate in the BA/MSW dual degree program.

**Appendix D** is a sample schedule for the 5-Year BA Psychology/Master of Social Work Program.

**Appendix E** is a sample schedule for students electing to participate in the 3+3 John Marshall Law School Program.

**Appendix F** is an advising worksheet for the Psychology Major. Students may use this to fill in the courses that they have taken, and keep track of their requirements. Advising worksheets for several different years can be found at [https://jicsweb1.dom.edu/ICS/Schools/Rosary\\_College\\_of\\_Arts\\_and\\_Sciences/AdvisingWorksheets.jnz](https://jicsweb1.dom.edu/ICS/Schools/Rosary_College_of_Arts_and_Sciences/AdvisingWorksheets.jnz)

**Students are individually responsible for knowing the major requirements in the College Bulletin, and applying them each semester, as they register for classes. Students also are responsible for knowing and applying the Dominican University requirements that they must meet for graduation (e.g., completion of 124 credit hours, fulfilling the requirements of the Core Curriculum, LAS Seminars, etc.).**

Students should review these requirements regularly, and are encouraged to consult with their advisors throughout their time at Dominican University to ensure that they are completing their degree requirements in a timely manner. Under all circumstances Psychology majors should plan to work with their advisors to prepare themselves for their graduate programs and careers of choice.

## APPENDIX A.1

### BA (General Psychology) - Possible Schedule Psychology

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
Freshman LAS Seminar	3 hours	English 102	3 hours
English 101	3	CIS 120	3
Psyc 101	3	Modern Lang. (102)	4
History Requirement	3	Math 130 or 170	3
Modern Language (101)	<u>4</u>	Psyc 214	<u>3</u>
	16 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 291	4 hours
Theology Req.	3	Psyc 292	1
Psyc 290	4	Psyc 215, 220 or 225	3
		- Meets Developmental Req.	
Psyc 245	3	Philosophy Req.	3
- Meets Multicultural Req.		Psyc 105	3
- Meets Sociocultural/Personality Req.		- Meets Natural Sci. Req	
Literature Requirement	<u>3</u>	- Meets Neuro/Learning Req	
	16 hours	Elective	<u>3</u>
			17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Fine Arts Req.	3	Elective	3
Psyc 300+ level class	3	Elective	3
		Elective	3
Elective	3	Elective	<u>3</u>
Elective	<u>3</u>		15 hours
	15 hours		

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc Capstone	3 hours
Psyc 300+ level class	3	Elective	3
Psyc Elective	3	Elective	3
Elective	3	Elective	3
Elective	<u>3</u>	Elective	<u>2</u>
	15 hours		14 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

## APPENDIX A.2

### BS (General Psychology) - Possible Schedule Psychology

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
Freshman LAS Seminar	3 hours	English 102	3 hours
English 101	3	CIS 120	3
Psyc 101 or 102	3	Modern Lang. (102)	4
Math 250	4	Math Elective	3
Modern Language (101)	<u>4</u>	Psyc 214	<u>3</u>
	17 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 291	4 hours
Psyc 290	4	Psyc 292	1
Literature Requirement	3	Philosophy Req.	3
Psyc 245	3	Psyc Elective	3
- Meets Multicultural Req.		Psyc 215, 220, or 225	3
- Meets Sociocultural/Personality Req.		- Meets Developmental Req.	
Biology 111	<u>4</u>	Bio or Chem Elective	<u>3</u>
	17 hours	- Not Bio 120	
			17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Fine Arts Req.	3	Psyc 393	4
History Elective	3	Elective	3
Psyc 372	4	Elective	3
Theology Requirement	<u>3</u>	Elective	<u>3</u>
	16 hours		16 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 440	3 hours
Psyc Elective	3	Elective	3
Elective	3	Elective	3
Elective	3		
Elective	<u>1</u>	Elective	<u>3</u>
	13 hours		<u>12 hours</u>
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

## APPENDIX A.3

### BA (Clinical Psychology) - Possible Schedule Psychology

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
Freshman LAS Seminar	3 hours	English 102	3 hours
English 101	3	CIS 120	3
Psyc 101 or 102	3	Modern Lang. (102)	4
History Requirement	3	Math 130 or 170	3
Modern Language (101)	<u>4</u>	Psyc 214	<u>3</u>
	16 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 291	4 hours
Psyc 290	4	Psyc 292	1
Theology Req.	3	Psyc 215, 220, or 225	3
		- Meets Developmental Req.	
Literature Requirement	3	Philosophy Req.	3
Psyc 245	<u>3</u>	Psyc 105	3
- Meets Multicultural Req.		- Meets Natural Sci. Req	
- Meets Sociocultural/Personality Req.		- Meets Neuro/Learning Req	
- Includes Community Based Learning Experience		Elective	<u>3</u>
	16 hours		17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 318	3 hours
Fine Arts Req.	3	Psyc Elective	3
		Elective	3
Psyc 340	3	Elective	3
Psyc 317	3	Elective	<u>3</u>
Elective	3		15 hours
Community-Based Learning	<u>1</u>		
	16 hours		

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Elective	4 hours
Psyc 455 Internship	3	Elective	3
Elective	3	Elective	3
Elective	3	Elective	<u>3</u>
Elective	<u>3</u>		
	15 hours		13 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

## APPENDIX A.4

### BS (Clinical Psychology) - Possible Schedule Psychology

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
Freshman LAS Seminar	3 hours	English 102	3 hours
English 101	3	CIS 120	3
Psyc 101 or 102	3	Modern Lang. (102)	4
Math 250	4	History Req.	3
Modern Language (101)	<u>4</u>	Psyc 214	<u>3</u>
	17 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 291	4 hours
Psyc 290	4	Fine Arts Req.	3
Theology Requirement	3	Philosophy Req.	3
Psyc 245	3	Psyc 215, 220, or 225	3
- Meets Multicultural Req.		- Meets Developmental Req.	
- Meets Sociocultural/Personality Req.		Psyc 292	1
- Includes Community Based Learning Experience		Bio or Chem Elective	<u>3</u>
Biology 111	<u>4</u>	- Not Bio 120	
	17 hours		17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 318	3 hours
Psyc 340	3	Psyc 393	4
Literature Requirement	3	- Meets Neuro/Learning Req.	
Psyc 317	3	Math Elective	3
Community Based		Elective	3
Learning Experience	1		
Psyc 372	<u>4</u>	Elective	<u>3</u>
	17 hours		16 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 440	3 hours
Psyc 455 Internship	3	Elective	3
Elective	3	Elective	3
Elective	<u>3</u>	Elective	<u>3</u>
	12 hours		12 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

## APPENDIX B.1

### BA (General Psychology) - Possible Schedule Psychology and Pre-OT

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
English 101	3 hours	Fine Arts Req.	3
Psyc 101	3	English 102	3
Math 130 or 170	3	CIS 120	3
Chem 101	4	Psyc 290	4
Freshman LAS Seminar	<u>3</u>	Elective	<u>3</u>
	16 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 214	3 hours
Psyc 247	3	Psyc 292	1
Psyc 291	4	Psyc 215, 220, or 225	3
Psyc 245	3	Philosophy Requirement	3
- Meets Multicultural Req.		Psyc 215, 220 or 225	3
- Meets Sociocultural/Personality Req.		- Meets Developmental Req.	
- Includes CBL		Biol 252	<u>4</u>
Biol 152	<u>4</u>		
	17 hours		17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Psyc 215, 220, or 225	3	Psyc 105	3
Psyc 300+ level class	3	Elective	3
Literature Requirement	3	Soc 110	3
Psyc Elective	<u>3</u>	Biol 120	<u>3</u>
	15 hours		15 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc Capstone	3 hours
Psyc 300+ level class	3	Elective	3
Modern Language (101)	4	Modern Language (102)	4
History Requirement	3	Elective	<u>2</u>
Theology Requirement	<u>3</u>		
	16 hours		12 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

Suggestions for elective courses for Pre-OT students:

- Psyc 270 (social), Psyc 312 (health), Psyc 370 (community)
- Soc 220 (gerontology), Soc 210 (family), Soc 390 (health and aging)
- Biol 351 (advanced human anatomy)

## APPENDIX B.2

### BS (General Psychology) - Possible Schedule Psychology and Pre-OT

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
English 101	3 hours	Math Elective	3 hours
Psyc 101	3	English 102	3
Chem 101	4	CIS 120	3
Math 250	4	Psyc 290	4
Freshman LAS Seminar	<u>3</u>	Elective	<u>3</u>
	17 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 214	3 hours
Psyc 291	4	Psyc 292	1
Psyc 247	3	Philosophy Requirement	3
Psyc 245	3	Psyc 215, 220, or 225	3
- Meets Multicultural Req.		- Meets Developmental Req.	
- Meets Sociocultural/Personality Req.		Fine Arts Requirement	3
- Includes CBL		Biol 252	<u>4</u>
Biol 152	<u>4</u>		
	17 hours		17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Psyc 215, 220, or 225	3	Psyc 393	4
Literature Requirement	3	Soc 110	3
Psyc 372	<u>4</u>	Psyc 215, 220, or 225	3
- Meets Neuro/Learning Req.		Bio 120	<u>3</u>
	13 hours		16 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 440	3 hours
Psyc Elective	3	Elective	3
Modern Language (101)	4	Modern Language (102)	4
History Requirement	3	Elective	<u>2</u>
Theology Requirement	<u>3</u>		
	16 hours		12 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

Suggestions for elective courses for Pre-OT students:

- Psyc 270 (social), Psyc 312 (health), Psyc 370 (community)
- Soc 220 (gerontology), Soc 210 (family), Soc 390 (health and aging)
- Biol 351 (advanced human anatomy)

## APPENDIX B.3

### BA (Clinical Psychology) - Possible Schedule Psychology and Pre-OT

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
English 101	3	Elective	3 hours
Psyc 101	3	English 102	3
Math 130 or 170	3	CIS 120	3
Chem 101	4	Psyc 290	4
Freshman LAS Seminar	<u>3</u>	Psyc 215, 220, or 225	<u>3</u>
	16 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 214	3 hours
Psyc 291	4	Psyc 292	1
Psyc 247	3	Fine Arts Requirement	3
Biol 152	4	Philosophy Requirement	3
Psyc 245	<u>3</u>	Psyc 215, 220 or 225	3
- Meets Multicultural Req.		- Meets Developmental Req.	
- Meets Sociocultural/Personality Req.		Biol 252	<u>4</u>
- Includes CBL			
	17 hours		17 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 318	3 hours
Psyc 215, 220, or 225	3	Psyc 105	3
Psyc 317	3	Elective	3
Psyc 340	3	Soc 110	3
Literature Requirement	<u>3</u>	Biol 120	3
		Community-Based Learning	<u>1</u>
	15 hours		16 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 455 (Internship)	3 hours
History Requirement	3	Elective	4
Theology Requirement	3	Elective	3
Modern Language (101)	<u>4</u>	Modern Language (102)	<u>4</u>
	13 hours		14 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

Suggestions for elective courses for Pre-OT students:

- Psyc 270 (social), Psyc 312 (health), Psyc 370 (community)
- Soc 220 (gerontology), Soc 210 (family), Soc 390 (health and aging)
- Biol 351 (advanced human anatomy)

## APPENDIX B.4

### BS (Clinical Psychology) - Possible Schedule Psychology and Pre-OT

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
English 101	3 hours	History Requirement	3 hours
Psyc 101	3	English 102	3
Chem 101	4	CIS 120	3
Math 250	4	Psyc 290	4
Freshman LAS Seminar	<u>3</u>	Math Elective	<u>3</u>
	14 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 214	3 hours
Psyc 291	4	Fine Arts Req.	3
Psyc 247	3	Philosophy Req.	3
Psyc 245	3	Psyc 215, 220, or 225	3
- Meets Multicultural Req.		- Meets Developmental Req.	
- Meets Sociocultural/Personality Req.		Psyc 292	1
- Includes CBL		Bio 252	<u>3</u>
Biology 152	<u>4</u>		
	17 hours		16 hours

Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 318	3 hours
Psyc 340	3	Psyc 393	4
Literature Requirement	3	- Meets Neuro/Learning Req.	
Psyc 317	3	Soc 110	3
Psyc 215, 220 or 225	<u>3</u>	Psyc 215, 220 or 225	3
		Community-Based	
		Learning	1
		Biol 120	<u>3</u>
	15 hours		17 hours

Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 440	3 hours
Elective	2	Psyc 455 (Internship)	3
Theology Requirement	3	Math	3
Modern Language (101)	4	Modern Language (102)	<u>4</u>
Psyc 372	<u>4</u>		
	16 hours		13 hours
			124 Total Hrs.

Departmental Comprehensive Examination required of students graduating with a Psychology Major.

Suggestions for elective courses for Pre-OT students:

- Psyc 270 (social), Psyc 312 (health), Psyc 370 (community)
- Soc 220 (gerontology), Soc 210 (family), Soc 390 (health and aging)
- Biol 351 (advanced human anatomy)

## APPENDIX C

### BA/MSW Psychology Possible Schedule

#### Freshman Year

<u>Fall</u>		<u>Spring</u>	
Freshman LAS Seminar	3 hours	English 102	3 hours
English 101	3	CIS 120	3
Psyc 101	3	Modern Lang. (102)	4
History Requirement	3	Math 130 or 170	3
Modern Language (101)	<u>4</u>	Psyc 214	<u>3</u>
	16 hours		16 hours

#### Sophomore Year

<u>Fall</u>		<u>Spring</u>	
Sophomore LAS Seminar	3 hours	Psyc 291	4 hours
Psyc 290	4	Fine Arts Req.	3
Literature Requirement	3	Philosophy Req.	3
Psyc 245	3	Psyc 105	3
- Meets Multicultural Req.		- Meets Natural Sci. Req.	
Theology Requirement	<u>3</u>	Elective	<u>3</u>
	16 hours		16 hours

#### Junior Year

<u>Fall</u>		<u>Spring</u>	
Junior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Psyc 215	3	Psyc 220	3
Psyc 300+ level class	3	SWK 553	3
SWK 513	3	SWK 640	3
SWK 514	<u>3</u>	Elective	<u>3</u>
	15 hours		15 hours

#### Senior Year

<u>Fall</u>		<u>Spring</u>	
Senior LAS Seminar	3 hours	Psyc 300+ level class	3 hours
Psyc 300+ level class	3	Elective	3
SWK 510	3	Elective	3
SWK 511	3	SWK 550	3
Elective	<u>3</u>	SWK 551	<u>3</u>
	15 hours		15 hours
			124 Total Hrs.

Students interested in this program should contact: Jacob Lesniewski, Ph.D.  
Priory Campus, 262; 708-714-9017 (office); jlesniewski@dom.edu

## APPENDIX D

### 5-Year BA Psychology/Master of Social Work Program

**The following only lists courses required for the Masters of Social Work degree, not the psychology major or any of the Dominican core requirements. Regular consultation with faculty from the psychology department *and* the Graduate School of Social Work is an absolute necessity for completion.**

<u>Sophomore Year</u>			
<u>Fall</u>		<u>Spring</u>	
PSY 290	no credit for MSW	PSY 291	4 hours
<u>Junior Year</u>			
<u>Fall</u>		<u>Spring</u>	
SWK 513	3 hours	SWK 553	3 hours
SWK 514	<u>3</u>	SWK 640	<u>3</u>
	6 hours		6 hours
<u>Senior Year</u>			
<u>Fall</u>		<u>Spring</u>	
SWK 510	3 hours		
SWK 511	3	SWK 550	3
SW Elective	<u>3</u>	SWK 551	<u>3</u>
	9 hours		6 hours
<u>Summer Term II After Senior Year</u>			
Choose one of the following:			
SWK 620, 621, 622, 623, 624, 625, or 614 (prereq 554)			3 hours
<u>Third Year Concentration Level</u>			
<u>Fall</u>		<u>Spring</u>	
SWK 610	3 hours	SWK 651	3 hours
SWK 611	3	SWK 655	3
SWK 612	3	SWK 641	3
Elective	<u>3</u>	Elective	<u>3</u>
	12 hours		12 hours
Total concentration hours			30
Total MSW credits			60

## APPENDIX E

### 3 + 3 John Marshall Law School Program

**The following mock 3-year schedule assumes students have tested into English 101, Math 130/170, and Foreign Language 101. In addition, university requirements in Multicultural should be completed using Psyc 245. Depending on individual circumstances with regard to testing, summer courses should not be necessary; however, any summer courses will facilitate completion in the required three years. Regular consultation with Psychology faculty is an absolute necessity for completion.**

<b>First Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
English 101	3 hours	English 102	3 hours
Modern Foreign Language 101	4	Modern Foreign Language	4
Math 130	3	CIS 120	3
Psychology 101	3	Theology Area Requirement	3
Freshman LAS	3	Psychology 214	3
Semester One (16) = 16		Semester Two (16) = 32	

<b>Second Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
Psychology 290	4 hours	Psychology 291	4 hours
Psych 245 (Meets Multicultural Req)	3	Psych 105 (Meets Nat Sci Req)	3
Literature Requirement	3	Psychology 300+ level class	3
Philosophy Requirement	3	History Requirement	3
Sophomore LAS	3	Elective	3
Semester Three (16) = 48		Semester Four (16) = 64	

<b>Third Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
Psychology Developmental Elective	3 hours	Psychology 300+ level class	3 hours
Psychology 300+ level class	3	Psychology Capstone course	3
Elective	3	Psychology Elective	3
Elective	3	Senior LAS	3
Junior LAS	3	Elective	3
Community Based Learning	1	Community Based Learning	1
Semester Five (16) = 80		Semester Six (16) = 96	

#### John Marshall Law School First Year

<b>Fourth Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
Contracts I	3 hours	Contracts II	3 hours
Property	4	Civil Procedures I	3
Torts	4	Criminal Law	3
Lawyering Skills I	3	Constitutional Law I	3
Expert Learning	1	Lawyering Skills II	3
Semester Seven (15) = 111		Semester Eight (15) = 126	

ADVISING WORKSHEET – PSYCHOLOGY

2014-2015

Name _____	ID # _____	Faculty Advisor _____
<b>CORE CURRICULUM FOUNDATIONS</b> ENGL 102 /190 _____ MATH 130 or 170 _____ LANG 102 or 192 Elementary Lang II _____ CIS 120 Intro to Comp Apps _____ Information Access Workshop _____ (Required only of those not taking ENGL 102 or 190 at Dominican University.)	<b>BACHELOR OF ARTS General Psychology (12 course/38 hours)</b> PSYC 101 or 102 General _____ PSYC 214 Abnormal Psychology _____ PSYC 290 Behav. Research/ Stats I (4) _____ PSYC 291 Behav. Research/Stats II (4) _____ PSYC Capstone or Experience _____ (Students may complete the following courses 440, 445, 460, 470 or 475. Experiences that satisfy the capstone requirement are: an honors project, a degree with distinction project, or an Internship). Twelve hours at the 300 or 400 level 1. _____ 2. _____ 3. _____ 4. _____	PSYC 214 Abnormal Psychology _____ PSYC 290 Behav. Research/ Stats I (4) _____ PSYC 291 Behav. Research/Stats II (4) _____ PSYC 317 Clinical Psych I _____ PSYC 318 Clinical Psych II _____ PSYC 340 Survey of Psych Assess. _____ <b>Developmental - One course from the following:</b> PSYC 212, 215, 220, 225 <b>Socio-cultural/Personality- One course from the following:</b> PSYC 245, 250, 270, 325, 330, 370 <b>Neuroscience/Learning- One course from the following:</b> PSYC 105, 372, 392, 393 <b>Additional Requirements:</b> 2 hours of SL in a Clinical Setting _____ 4 hours of Internship @ Clinical site _____
<b>AREA STUDIES</b> (7 courses/21 semester hours) History (HI) _____ Literature (LT) _____ Fine Arts (FA) _____ Natural Science (NS) _____ Philosophy (PH) _____ Social Science (SS) _____ Theology/ (TH) _____ <b>MULTICULTURAL (MC)</b> (1 course/3 hours) Multicultural (MC) _____ <b>Please check pre-requisites for all courses</b>	<b>Psychology Electives (9 hours)</b> <b>Developmental - One course from the following:</b> PSYC 212, 215, 220, 225 <b>Socio-cultural/Personality- One course from the following:</b> PSYC 245, 250, 270, 325, 330, 370 <b>Neuroscience/Learning- One course from the following:</b> PSYC 105, 372, 392, 393 <b>FOUNDATIONS: BACHELOR OF SCIENCE</b> In addition to the Bachelor of Arts requirements in Psychology concentrations, the following courses are required: 1. MATH 250 Calc. I _____ 2. _____ Six hours in Biology (excluding BIOL 120) or Chemistry 1. _____ 2. _____ <b>Psychology Courses</b> PSYC 372 Behavioral Neurosci. _____ PSYC 393 Learn. And Cognition _____	PSYC 440 Hist. and Systems of Psych. _____ <b>5 year BA/MSW</b> • GPA of 3.25 • Should declare before Junior Year • May take 2 MSW classes during your senior year. 1. SWK 513 Human Behavior _____ 2. SWK 514 History of Social Work _____ <b>ELECTIVES</b> Number of open electives varies depending upon student. 1) _____ 2) _____ 3) _____ 4) _____ 5) _____ 6) _____ 7) _____ 8) _____ 9) _____ 10) _____ 11) _____ 12) _____ Dominican Credits Earned _____ Transfer Earned _____ <b>TOTAL for Graduation 124</b>

APPENDIX F